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51	Abstract	The gastrointestinal tract is innervated by extrinsic sympathetic, parasympathetic and sensory nerve fibers as well as by intrinsic fibers from the neurons in myenteric and submucosal ganglia embedded into the gastrointestinal wall. Morphological and functional studies of intestinal innervation in animal models are important to understand the pathophysiology of inflammatory bowel disease (IBD). The recently established <i>Winnie</i> mouse model of spontaneous chronic colitis caused by a point mutation in the <i>Muc2</i> mucin gene develops inflammation due to a primary epithelial defect. <i>Winnie</i> mice display symptoms of diarrhea, ulcerations and rectal bleeding similar to those in IBD. In this study, we investigated myenteric neurons, noradrenergic, cholinergic and sensory nerve fibers in the distal colon of <i>Winnie</i> ( <i>Win/Win</i> ) mice compared to C57/BL6 and heterozygote littermates ( <i>Win/Wt</i> ) using histological and immunohistochemical methods. All <i>Win/Win</i> mice used in this study had inflammation with signs of mucosal damage, goblet cell loss, thickening of muscle and mucosal layers, and increased	

CD45-immunoreactivity in the distal colon. The density of sensory, cholinergic and noradrenergic fibers innervating the myenteric plexus, muscle and mucosa significantly decreased in the distal colon of *Win/Win* mice compared to C57/BL6 and *Win/Wt* mice, while the total number of myenteric neurons as well as subpopulations of cholinergic and nitrergic neurons remained unchanged. In conclusion, changes in the colon morphology and innervation found in *Winnie* mice have multiple similarities with changes observed in patients with ulcerative colitis.

52	Keywords separated by ' - '	Myenteric neurons - Spontaneous chronic colitis - <i>Winnie</i> mice - Distal colon - Innervation
53	Foot note information	



Alterations in the distal colon innervation in Winnie mouse model of spontaneous chronic colitis

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**Abstract** The gastrointestinal tract is innervated by extrinsic sympathetic, parasympathetic and sensory nerve fibers as well as by intrinsic fibers from the neurons in myenteric and sub-mucosal ganglia embedded into the gastrointestinal wall. Morphological and functional studies of intestinal innervation in animal models are important to understand the pathophysiology of inflammatory bowel disease (IBD). The recently established Winnie mouse model of spontaneous chronic colitis caused by a point mutation in the *Muc2* mucin gene develops inflammation due to a primary epithelial defect. Winnie mice display symptoms of diarrhea, ulcerations and rectal bleeding similar to those in IBD. In this study, we investigated myenteric neurons, noradrenergic, cholinergic and sensory nerve fibers in the distal colon of Winnie (*Win/Win*) mice compared to C57/BL6 and heterozygote littermates (*Win/Wt*) using histological and immunohistochemical methods. All *Win/Win* mice used in this study had inflammation with signs of mucosal damage, goblet cell loss, thickening of muscle and mucosal layers, and increased CD45-immunoreactivity in the distal colon. The density of sensory, cholinergic and noradrenergic fibers innervating the myenteric plexus, muscle and mucosa significantly decreased in the distal colon of *Win/Win* mice compared to C57/BL6 and *Win/Wt* mice, while the total number of myenteric neurons as well as subpopulations of

cholinergic and nitrergic neurons remained unchanged. In conclusion, changes in the colon morphology and innervation found in Winnie mice have multiple similarities with changes observed in patients with ulcerative colitis.

**Keywords** Myenteric neurons · Spontaneous chronic colitis · Winnie mice · Distal colon · Innervation

Introduction

Inflammatory bowel disease (IBD) is a chronic inflammatory condition characterized by frequent relapses of disease activity and periods of remission that affect individuals throughout life (Podolsky 2002). The etiology of IBD is not completely understood. However, it is generally agreed that altered immunological function, resulting from a complex interplay between genetic susceptibility and certain environmental factors, contributes significantly to the initiation and progression of gastrointestinal (GI) inflammation (Kaser et al. 2010). IBD is comprised of two main immunologically and histopathologically different diseases, ulcerative colitis and Crohn's disease. A non-conventional TH2 immune response associated with epithelial barrier dysfunction has been implicated in the pathogenesis of ulcerative colitis, while elevated level of cytokines such as interferon- $\gamma$ , interleukin-2, and tumor necrosis factor- $\alpha$  in the gut consistent with a TH1 type response plays an important role in the pathogenesis of Crohn's disease (Strober et al. 2007). Ulcerative colitis causes inflammation and ulcers in the mucosal lining of the large intestine whereas all layers of the gut wall may be affected in Crohn's disease. Inflammation in the gut causes breakdown of intestinal barrier function and abnormal secretion, changes in muscle contractility, neurotransmission, visceral sensation and motility patterns leading to symptoms of diarrhea, cramping and pain (Belai et al. 1997; Jönsson

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et al. 2007; Mayer and Gebhart 1994; Neunlist et al. 2003; Rao and Read 1990; Straub et al. 2008).

Several lines of evidence indicating abnormal structural and functional alterations in the intrinsic and extrinsic innervation of the GI tract associate with symptoms of IBD (Bernardini et al. 2012; Geboes and Collins 1998; Lindgren et al. 1991, 1993; Moynes et al. 2014). The enteric nervous system (ENS), residing within the gut wall and innervating mucosa, muscles and glands, controls GI functions such as nutrient absorption, secretion, GI sensation and propulsion of the contents along the gut (intestinal motility) (Furness 2012). Intestinal inflammation induces morphological and functional changes in the ENS (Mawe et al. 2009). Functional changes involve shifts in the amount and proportion of neurotransmitters and neuropeptides in the ENS of IBD patients and animal models of intestinal inflammation (Boyer et al. 2005; Neunlist et al. 2003; Winston et al. 2013). Alterations in electrophysiological properties of enteric neurons and in neurotransmission between enteric neurons and to the intestinal muscles have been found in animal models of intestinal inflammation (Linden et al. 2003; Lomax et al. 2005; Nurgali et al. 2007, 2009, 2011). These changes in the ENS correlate with intestinal dysmotility (Krauter et al. 2007; Lomax et al. 2007a; Winston et al. 2013). Alterations in the structure and function of cholinergic and noradrenergic nerve fibers innervating the gut wall and synapsing on the enteric neurons have been observed in patients with IBD (Straub et al. 2008), as well as in animal models of intestinal inflammation (Lomax et al. 2010; Swain et al. 1991). Studies of inflammation-induced damage to the ENS and extrinsic nerve fibers in the inflamed intestine are of great significance for understanding mechanisms underlying intestinal dysfunctions and identification of new targets for effective therapies.

More than 60 experimental animal models have been established to study IBD, including genetically engineered mice, chemically-induced models, congenic mouse strains, and immune cell transfer models (Mizoguchi 2012). Although these models do not reproduce the complexity of human disease, they are valuable tools for studying many important aspects of the pathophysiological mechanisms and the effects of emerging therapeutic strategies (Wirtz and Neurath 2007). Most of the experimental models induce acute colitis, while there are only a few animal models of chronic intestinal inflammation. Recently, the *Winnie* mouse model of colitis has been developed. In this model, chronic intestinal inflammation results from a primary intestinal epithelial defect conferred by a point mutation rather than a deletion in the *Muc2* mucin gene (Eri et al. 2011; Heazlewood et al. 2008). In humans, expression of *Muc2* is reduced or depleted in Crohn's disease (Buisine et al. 2001), while in active ulcerative colitis, *Muc2* production and secretion are reduced (Van Klinken et al. 1999). *Winnie* mice (C57/BL6 background) show abnormal *Muc2* biosynthesis causing changes in a mucus layer,

increased intestinal permeability and greatly enhanced susceptibility to luminal inflammation-inducing toxins. They develop mild spontaneous inflammation in the distal colon with symptoms comparable to human IBD by 6 weeks of age; inflammation progresses over time and results in severe colitis by the age of 16 weeks (Eri et al. 2011; McGuckin et al. 2011). Colitis in *Winnie* mice is chronic with periods of remissions and relapses similar to human IBD. Previous studies consist mainly of histopathological and immunological changes in the GI tract of *Winnie* mice, but a study of the intestinal innervations in this model has not been performed. Since *Winnie* mice closely mimic human chronic colitis, the aim of the present investigation was to evaluate the intrinsic and extrinsic intestinal innervation, especially in the distal colon.

## Materials and methods

### Animals

*Winnie* (*Win/Win*) (19–26 g, 12–16 w.o.,  $n = 16$ ), heterozygote littermates (*Win/Wt*) (20–25 g,  $n = 16$ ) and age-matched C57/BL6 (26–30 g,  $n = 16$ ) mice were obtained from Monash Animal Services (Melbourne, Australia). All mice were housed in a temperature-controlled environment with 12 h day/night cycles at the animal holding room at the Western Center for Health, Research and Education (Melbourne, Australia). All animal experiments in this study complied with the guidelines of the Australian Code of Practice for the Care and Use of Animals for Scientific Purposes and were approved by the Victoria University Animal Experimentation Ethics Committee. Mice were killed by cervical dislocation. Subsequent procedures were carried out in vitro.

### Immunohistochemistry and histology

Immunohistochemistry was performed as described previously (Robinson et al. 2014; Wafai, et al. 2013). Briefly, segments of the distal colon were processed in two different ways: (1) wholemount longitudinal muscle-myenteric plexus (LMMP) preparations, and (2) cross-sections of the distal colon. In general, the colon was exposed through a midline laparotomy and a 5-cm section 2 cm from the anus was collected from each animal. Immediately following dissection, colon tissues were placed in oxygenated phosphate-buffered saline (PBS, pH 7.2) containing L-type  $\text{Ca}^{2+}$  channel blocker, nifedipine (3  $\mu\text{M}$ ). Segments of the distal colon were then cut open along the mesenteric border and pinned flat with the mucosal side up in a Sylgard-lined Petri dish (maximally stretched for LMMP preparations while unstretched for cross-sections). Tissues for LMMP preparations and cryostat cross-sections were fixed with Zamboni's fixative (2 % formaldehyde containing 0.2 % picric acid) overnight at 4 °C and subsequently washed

with dimethyl sulfoxide (DMSO) (Sigma-Aldrich, Australia) (3×10 min) followed by PBS (3×10 min). Tissues for histology were fixed in 10 % buffered formalin overnight at 4 °C and stored in 70 % ethanol until embedding.

For LMMP preparations, tissues were dissected to expose the myenteric plexus by removing the mucosa, submucosa and circular muscle layers. Following a 1 h incubation in 10 % normal donkey serum (Merck Millipore, MA, USA) at room temperature, tissues were incubated with primary antibodies against protein gene product (PGP) 9.5 (chicken, 1:500; Abcam, Cambridge, UK), CD45 (rat, 1:500; Biolegend, USA), neuronal nitric oxide synthase (nNOS) (goat, 1:500; Novus Biologicals, USA), choline acetyl transferase (ChAT, Goat, 1:500; Merck Millipore, Australia), vesicular acetylcholine transporter (VACHT) (goat, 1:500; Merck Millipore, Australia) and tyrosine hydroxylase (TH) (sheep, 1:1000; Merck Millipore, Australia). Anti-PGP9.5 antibody is a widely used marker for labeling all neuronal cell bodies (Kajimoto et al. 1992); anti-CD45 antibody is a pan leukocyte marker; anti-nNOS antibody identifies predominantly inhibitory muscle motor neurons and some interneurons (Qu et al. 2008); anti-ChAT antibody labels excitatory muscle motor neurons and interneurons; anti-VACHT antibody identifies cholinergic fibers (Qu et al. 2008; Weihe et al. 1996); and anti-TH antibody identifies noradrenergic fibers (Nagatsu 1989). The tissues were then washed briefly in PBS-Triton (0.1 %) and incubated with secondary antibodies: Alexa Fluor 594 (donkey anti-chicken, 1:200), Alexa Fluor 488 (donkey anti-goat, 1:200, donkey anti-sheep, 1:200) (Jackson ImmunoResearch, PA, USA) and mounted onto glass slides with fluorescent mounting medium (DAKO, Australia).

For cryostat cross-section preparations, tissues were cryoprotected (30 % sucrose/phosphate buffer; Sigma-Aldrich, Australia) overnight at 4 °C then transferred to 50 % Optimal Cutting Temperature compound (OCT; Tissue-Tek; Sakura Finetek, Torrance, CA, USA) in 30 % sucrose/phosphate buffer solution for 12 hr prior to freezing in 100 % OCT. Tissues were sectioned at a 20-μm thickness (at least 15 sections from each animal) using a cryostat microtome (Leica CM1850, St. Gallen, Switzerland) and mounted onto glass slides. Cross-sections were incubated with species-specific primary antibodies to detect CD45 (rat, 1:500; Biolegend), calcitonin gene-related peptide (CGRP) (rabbit, 1:3000; Sigma-Aldrich, MO, USA), TH (sheep, 1:1000; Merck Millipore, Australia) and VACHT (goat, 1:500; Merck Millipore, Australia). Intrinsic primary afferent neurons contain and release CGRP (Grider 2003). Additionally, approximately 85 % of spinal afferents and less than 5 % of vagal afferents contain CGRP, thus anti-CGRP antibody is recognized as a marker for sensory afferent fibers (Kressel et al.

1994). Sections were then washed in PBS and incubated with fluorophore-conjugated secondary antibodies Alexa Fluor 594 (donkey anti-rabbit, 1:200; Abacus ALS, Australia), Alexa Fluor 488 (donkey anti-rat, donkey anti-goat, 1:200; Jackson ImmunoResearch, PA, USA) and FITC (donkey anti-sheep, 1:200; Abacus ALS).

For histology, tissues were embedded in paraffin, sectioned at 5 μm, deparaffinized, cleared, and rehydrated in graded ethanol concentrations. For hematoxylin and eosin (H&E) staining, sections were immersed in Xylene (3×4 mins, 100 % ethanol (3 min), 90 % ethanol, (2 min), 70 % ethanol (2 min), rinsed in tap water, hematoxylin (4 min), rinsed in tap water, Scott's tap water (1 min), eosin (6 min), rinsed in tap water, 100 % ethanol (2×1 min), xylene (2×3 mins) and mounted on glass slides with DPX mountant.

**Imaging**

Images were captured using a Nikon Eclipse Ti multichannel confocal laser scanning system (Nikon, Japan). Immunolabeled sections were visualized and imaged by using filter combinations appropriate for the specific fluorophores such as FITC, Alexa 488 or 594 (488 or 559 nm excitation). Images (512×512 pixels) were obtained with 2×0 (dry, 0.75) or 40x (oil immersion, 1.3) lenses. In order to obtain Z-series, neuronal structures were imaged by collecting ten consecutive optical sections at 1-μm intervals. H&E stained colon sections were visualized using an Olympus microscope (Olympus BX53) and images were captured with CellSense™ software.

**Quantitative analysis of immunohistochemical and histological data**

Images were analyzed using Image J software (National Institute of Health, Bethesda, MD, USA). Muscle and mucosal thicknesses were quantified as described previously (Miampamba and Sharkey 1998). Muscle thickness was measured from the serosa to the submucosa including both longitudinal and circular muscle layers, while mucosal thickness was measured from the submucosa to the luminal surface of mucosa. Infiltration of leukocytes within the colon mucosa was assessed by measuring the density of CD45-immunoreactive (IR) cells per area (average of 8 areas of 500 μm<sup>2</sup> per animal at ×20 magnification). Image J software was employed to adjust color images from RGB to 8 bit, after which thresholding to a consistent value was applied to obtain the percentage area of CD45-immunoreactivity. Histological scores were developed from the following parameters: aberrant crypt architecture (score range 0–3), increased crypt length (0–3), goblet cell depletion (0–3), crypt abscesses (0–3), leukocyte infiltration (0–3), epithelial damage and ulceration (0–3) (average of 8 areas of 500 μm<sup>2</sup> per animal). Nerve fibers in cross-sections of the distal colon were measured from



268 8 images per preparation at  $\times 20$  magnification (total area  
 269  $2 \text{ mm}^2$ ). Images were changed from RGB to 8 bit and made  
 270 binary prior to particle analysis with Image J software.  
 271 Myenteric neurons and CD45-IR leukocytes were counted in  
 272 wholemount preparations within a  $2\text{-mm}^2$  area by randomly  
 273 capturing 8 images per preparation at  $\times 20$  magnification. The  
 274 number of neurons per ganglion was quantified in images at  
 275  $\times 40$  magnification; the number of neurons was averaged per  
 276 10 ganglia in each preparation.

# 277 Analysis of fecal water content and colon length

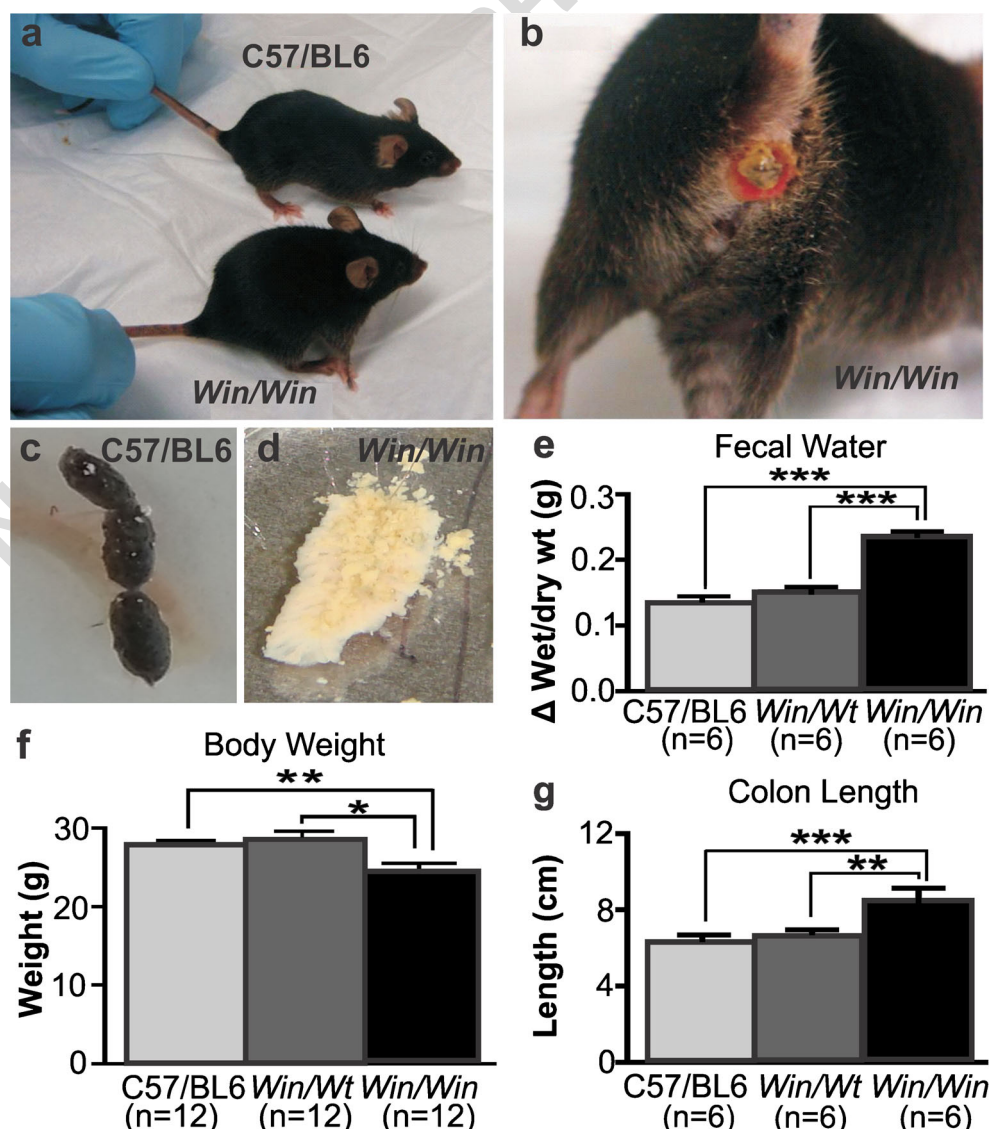
278 Fecal water content was calculated following stool col-  
 279 lection from animals in all groups. After collection,  
 280 stools were immediately weighed (wet weight) and left  
 281 to air dry. Three days later, stools were re-weighed (dry  
 282 weight) and the difference between wet and dry weight

was calculated. Mouse colon length (from cecum to  
 anus) was measured immediately after dissection from  
 the animal by placing the colon parallel to a ruler and  
 recording its size.

# Statistical analysis

Statistical analysis was conducted with Prism (v.5.0;  
 GraphPad Software, La Jolla, CA, USA). All values  
 are expressed as mean  $\pm$  standard error of the mean.  
 Paired  $t$  tests were used to analyze the difference in  
 weight, muscle and mucosal thickness. One-way  
 ANOVA for multiple group comparison followed by  
 the Bonferroni's or Tukey-Kramer post hoc tests was  
 used to analyze the differences between all groups.  
 $P < 0.05$  was considered significant.

**Fig. 1** Winnie mouse model of spontaneous chronic colitis. **a, b** Representative images of C57/BL6 (control) and Winnie (Win/Win) mice. Win/Win mice have hunchbacked posture, perianal inflammation, bleeding and soiled fur due to chronic diarrhea. **c, d** Soft fecal masses not forming pellets confirm non-watery diarrhea in Win/Win mice (**d**) compared to regular pellets in healthy C57/BL6 mice (**c**). **e** Fecal water content calculated as the difference ( $\Delta$ ) between wet and dry stool weight (wt) was higher in Win/Win mice. **f** Win/Win mice have lower average body weight compared to C57/BL6 mice and heterozygote littermates (Win/Wt). **g** Variation in colon length between C57/BL6, Win/Wt and Win/Win mice. Data are expressed as mean  $\pm$  SEM. Numbers of animals are shown in parentheses. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$



Results

Winnie mouse model of colitis

All *Win/Win* mice used in this study displayed symptoms of intestinal inflammation: perianal inflammation and bleeding, soiled fur and soft fecal consistency, not forming pellets compared to control mice (Fig. 1a–d). The fecal water content (wet weight minus dry weight) of stools from *Win/Win* mice was greater than in stools from C57/BL6 and *Win/Wt* mice ( $P<0.001$  for both,  $n=6$ /per group; Fig. 1e; Table 1). The body weight of all mice was monitored daily for a period of 7 days prior to culling. Average body weight of *Win/Win* mice ( $23\pm1.0$  g) was less compared to C57/BL6 ( $27\pm0.2$  g,  $P<0.01$ ) and *Win/Wt* ( $28\pm0.3$  g,  $P<0.05$ ) mice ( $n=12$ /per group; Fig. 1f). Immediately following dissection, the length of the colon was measured and recorded showing *Win/Win* mice to have longer colons compared to C57/BL6 ( $P<0.001$ ) and *Win/Wt* ( $P<0.01$ ) mice ( $n=6$ /per group; Fig. 1g; Table 1).

Consistent with observations from previously published studies (Eri et al. 2011; Heazlewood et al. 2008; McGuckin et al. 2011), *Win/Win* mice demonstrated prominent mucosal damage with epithelial exfoliation, leukocyte infiltration, crypt elongation and abscesses, goblet cell loss and destruction of the mucosal architecture (Fig. 2a–c). No abnormalities were observed in the histology of the colon from C57/BL6 mice while only very mild inflammatory changes were observed in *Win/Wt* mice (Fig. 2a–c).

Thickening of the muscle layer is also considered as a histological index of inflammation (Miampamba and Sharkey

1998). The thickness of the colonic muscle layer (total thickness of longitudinal and circular muscles) was significantly higher in *Win/Win* mice ( $50\pm1.4$   $\mu\text{m}$ ,  $n=4$ ) compared to both C57/BL6 ( $44\pm0.6$   $\mu\text{m}$ ,  $P<0.05$ ,  $n=4$ ) and *Win/Wt* mice ( $45\pm1.2$   $\mu\text{m}$ ,  $P<0.01$ ,  $n=4$ ; Fig. 2d). *Win/Win* mice had a significantly thicker mucosal layer ( $271\pm5$   $\mu\text{m}$ ,  $n=4$ ) compared to C57/BL6 ( $206\pm4$   $\mu\text{m}$ ,  $P<0.001$ ,  $n=4$ ) and *Win/Wt* mice ( $197\pm6$   $\mu\text{m}$ ,  $P<0.01$ ,  $n=4$ ; Fig. 2e).

The severity of inflammation was evaluated by immunolabelling with anti-CD45 antibody specific to the leukocyte common antigen in cross-sections of the colon (Fig. 2f–h). Quantification of leukocyte density in the distal colon revealed a higher level of leukocyte infiltration within the mucosa of *Win/Win* mice compared to C57/BL6 and *Win/Wt* mice ( $P<0.01$  for both,  $n=6$ /per group; Fig. 2i; Table 1). Infiltration of CD45-IR cells to the level of myenteric ganglia was studied in wholemount LMMP preparations. Quantitative analysis did not reveal significant difference between the groups (data not shown). In cross-sections, gross morphological damage was assessed to further substantiate the level of inflammation in the distal colon of mice from all groups. Histological scoring of H&E-stained sections incorporated individual scores for various parameters: aberrant crypt architecture, increased crypt length, goblet cell depletion, general leukocyte infiltration, crypt abscesses and epithelial damage and ulceration.

Assessment of all parameters revealed histological scores to be significantly higher in sections from *Win/Win* mice compared to sections from C57/BL6 and *Win/Wt* mice ( $P<0.001$  for all,  $n=6$ /per group; Fig. 2j; Table 1).

Table 1 Evaluation of intestinal inflammation

Parameter	C57/BL6	Win/Wt	Win/Win
Diarrhea ( $n=12$ /group)	Absent (hard pellets)	Absent (hard pellets)	Prominent (loose stool)
Fecal water content (wet weight minus dry weight, g) ( $n=6$ /group)	0.14±0.005	0.15±0.004	0.24±0.005***
Colon length (from caecum to anus, cm) ( $n=6$ /group)	6.2±0.2	6.4±0.2	8.3±0.5###, ††
Density of CD45+ leukocytes in colon cross-sections (average within 2 mm <sup>2</sup> per animal, %) ( $n=6$ /group)	6.6±0.5	8.0±0.9	12.9±1.5***
Parameters for histological scoring ( $n=4$ /group)			
Aberrant crypt architecture (0–3)	0.33±0.05	0.42±0.21	2.33±0.06***
Increased crypt length (0–3)	0.25±0.04	0.33±0.02	2.33±0.05***
Goblet cell depletion (0–3)	0.25±0.03	0.33±0.08	2.25±0.03***
General leukocyte infiltration (0–3)	0.17±0.1	0.33±0.1	2.25±0.12***
Crypt abscesses (0–3)	0.25±0.15	0.25±0.15	2.50±0.15***
Epithelial damage and ulceration (0–3)	0.33±0.34	0.42±0.14	2.55±0.35***
Overall histological score (out of 18) ( $n=4$ /group)	3.1±0.6	4.4±0.4	14.4±0.6***

\*\*\* $P<0.001$  compared to both C57/BL6 and *Win/Wt* groups

### $P<0.001$  compared to C57/BL6 group

†† $P<0.01$  compared to *Win/Wt* group





◀ **Fig. 2** Histological and immunohistochemical evidence of colitis in *Winnie* mice. **a–c** Hematoxylin and eosin staining of the distal colon sections from C57/BL6, heterozygote (*Win/Wt*) and *Winnie* (*Win/Win*) mice. *Scale bars* 100  $\mu$ m. **d, e** Increased thickness of muscle layers and elongation of crypts observed in the distal colon from *Win/Win* compared to C57/BL6 and *Win/Wt* mice. **f–h** Anti-CD45 antibody labelling of leukocyte infiltration (*arrowheads*) within the colon wall. *Scale bars* 100  $\mu$ m. **i** Density of CD45-IR cells per 0.5 mm<sup>2</sup> in colon sections from C57/BL6, *Win/Wt* and *Win/Win* mice. **j** Overall histological score based on the analysis of six individual parameters from H&E-stained sections. Data are expressed as mean  $\pm$  SEM. Numbers of animals are shown in *parentheses*. \**P*<0.05, \*\**P*<0.01. \*\*\**P*<0.001

**Changes in the density of cholinergic nerve fibers in the distal colon of *Winnie* mice**

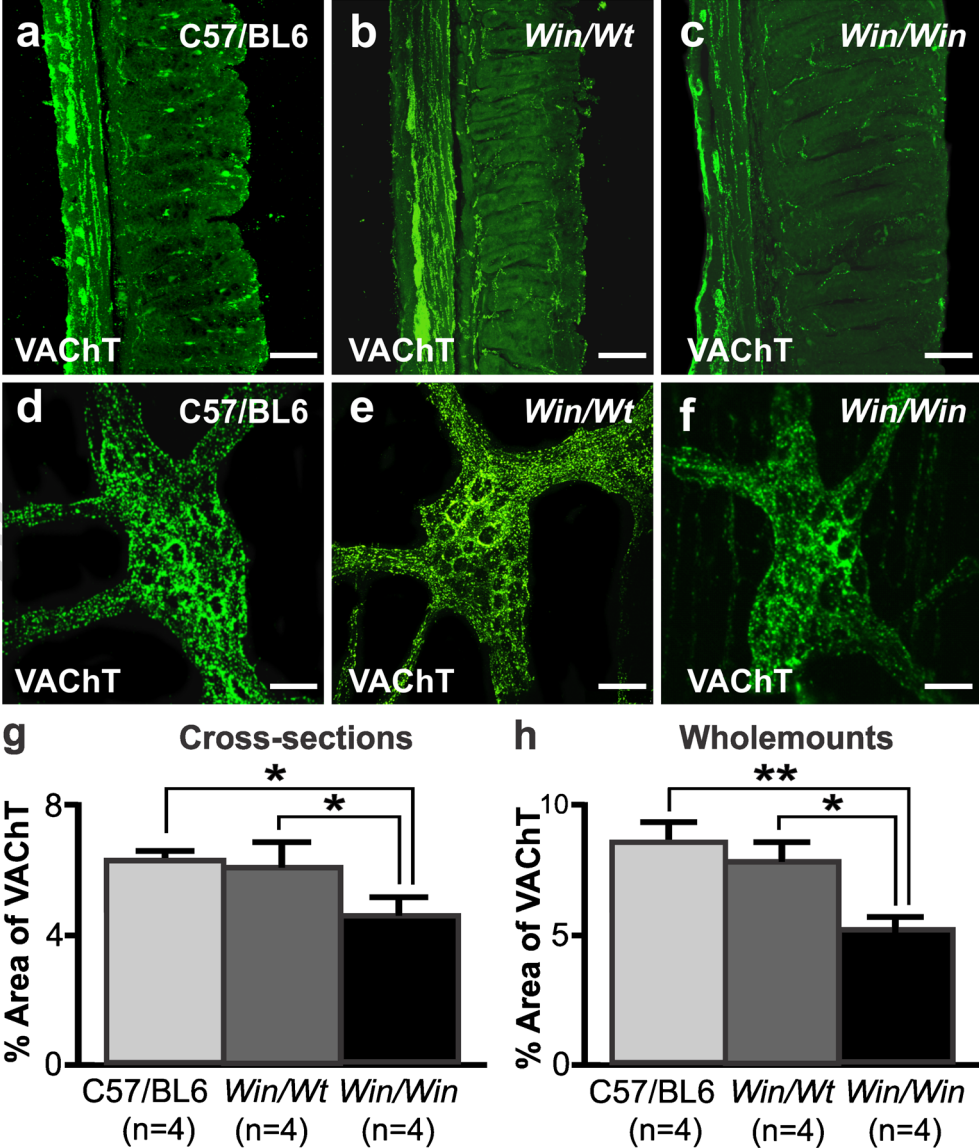
Anti-VACht antibody was used as a marker for cholinergic fibers accumulating acetylcholine in synaptic vesicles (Qu et al. 2008; Weihe et al. 1996) in both cross-sections and

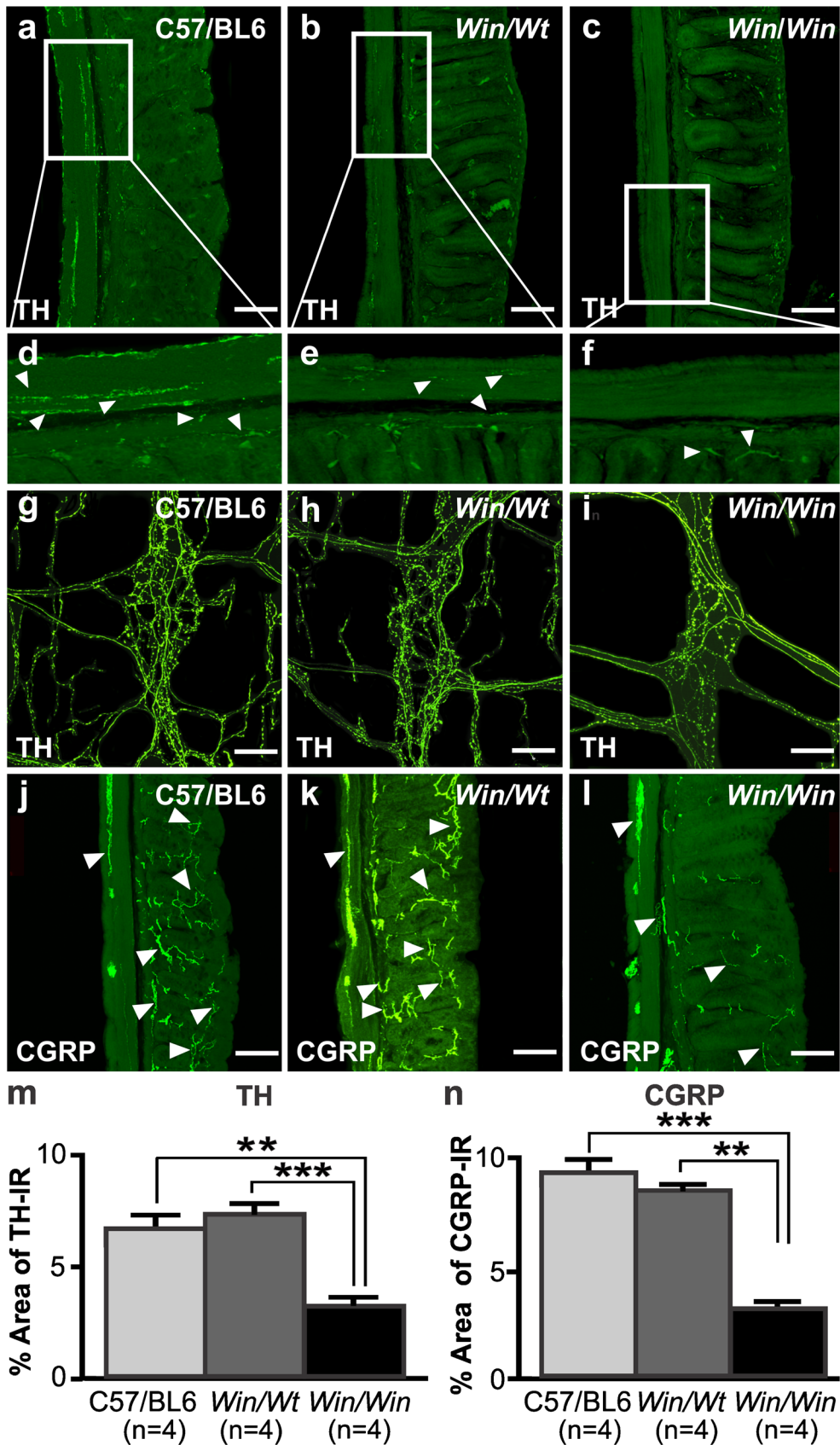
wholemount LMMP preparations of the distal colon. The density of cholinergic fibers was decreased within both mucosal and muscle layers observed in the cross-section preparations from *Win/Win* ( $4.7 \pm 0.2$  %, *n*=4) compared to C57/BL6 ( $6.4 \pm 0.3$  %, *P*<0.05, *n*=4) and *Win/Wt* ( $6.1 \pm 0.4$  %, *P*<0.05, *n*=4) mice (Fig. 3a–c, g). Similarly, a significant decrease in VACht-IR fibers within the myenteric ganglia was observed in wholemount LMMP preparations of the distal colon from *Win/Win* ( $5.2 \pm 0.4$  %, *n*=4) compared to C57/BL6 ( $8.6 \pm 0.6$  %, *P*<0.01, *n*=4) and *Win/Wt* ( $7.7 \pm 0.7$  %, *P*<0.05, *n*=4) mice (Fig. 3d–f, h).

**Changes in the density of noradrenergic and sensory nerve fibers in the distal colon of *Winnie* mice**

TH immunoreactivity was used to label sympathetic fibers in the gastrointestinal tract (Lourenssen et al. 2005; Straub et al.

**Fig. 3** Cholinergic nerve fiber density in the mucosa and myenteric ganglia in the distal colon of *Winnie* mice. Antibody against vesicular acetylcholine transporter (*VACht*) was used to label cholinergic fibers in cross-sections (**a–c**) and wholemount preparations of the myenteric ganglia (**d–f**). *Scale bars* 100  $\mu$ m. Significant decrease in the VACht-IR fiber density observed in cross-sections (**g**) as well as in wholemount preparations (**h**) of the distal colon from *Winnie* (*Win/Win*) mice compared to C57/BL6 and heterozygote littermates (*Win/Wt*). Data are expressed as mean  $\pm$  SEM. Numbers of animals are shown in *parentheses*. \**P*<0.05, \*\**P*<0.01





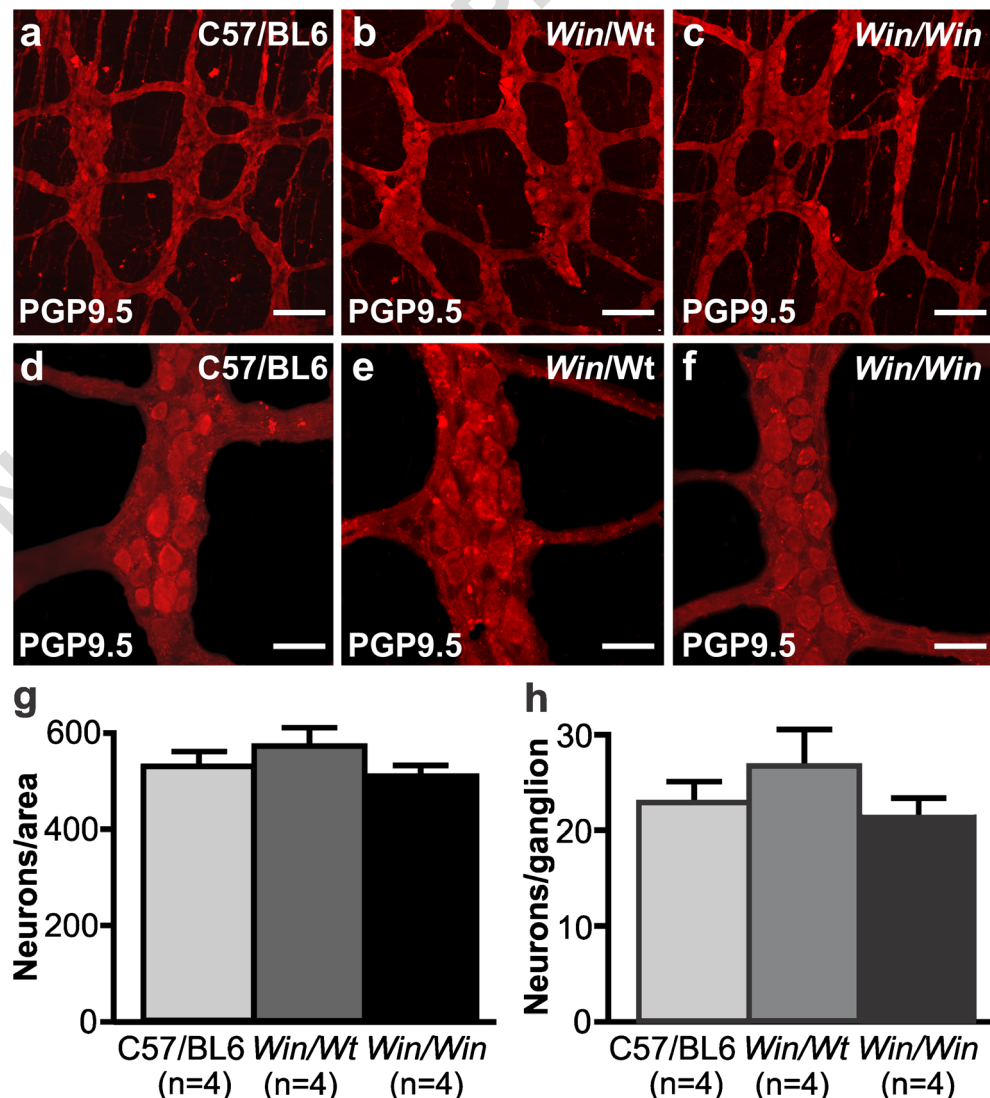


◀ **Fig. 4** Density of noradrenergic and sensory nerve fibers in the distal colon of *Winnie* mice. Noradrenergic fibers labeled using anti-tyrosine hydroxylase (TH) antibody were observed in cross-sections (a–f) and in wholemount preparations of the distal colon myenteric ganglia (g–i). j–l Sensory fibers labeled using antibody against calcitonin gene-related peptide (CGRP) were observed in the cross-sections of the distal colon. Scale bars 100  $\mu$ m. Quantitative analysis revealed significant reduction in the density of TH-IR fibers in wholemount preparations (m) and CGRP-IR fibers in cross-sections (n) of the distal colon from *Win/Win* compared to C57/BL6 and *Win/Wt* mice. Data are expressed as mean  $\pm$  SEM. Numbers of animals are shown in parentheses. \*\* $P < 0.01$ ; \*\*\* $P < 0.001$

*Win* mice compared to C57/BL6 and *Win/Wt* mice (Fig. 4a–i). We were not able to quantify the fiber density in cross-sections due to very sparse amount of TH-IR fibers (Fig. 4a–f). However, quantitative analysis of TH-IR fibers was performed in wholemount preparations. A significant decrease in the density of TH-IR fibers within myenteric ganglia was observed in wholemount preparations of the distal colon from *Win/Win* ( $3.2 \pm 0.2$  %,  $n = 4$ ) compared to C57/BL6 ( $6.6 \pm 0.7$  %,  $P < 0.01$ ,  $n = 4$ ) and *Win/Wt* ( $7.3 \pm 0.5$  %,  $P < 0.001$ ,  $n = 4$ ) mice (Fig. 4g–i, m).

Immunolabeling using anti-CGRP antibody was carried out to reveal sensory nerve fibers in the colon cross-sections. CGRP-IR nerve fibers were widely distributed in the mucosa, submucosal and myenteric plexuses of the colon in C57/BL6 and *Win/Wt* mice (Fig. 4j–l). A significant decrease in the density of CGRP-IR nerve fibers was observed in the colon cross-section preparations from *Win/Win* ( $3.3 \pm 0.1$  %,  $n = 4$ )

**Fig. 5** Total number of myenteric neurons in the distal colon. Myenteric neurons were labeled using antibody against protein gene product (PGP) 9.5. Images of PGP9.5-IR neurons within 0.25 mm<sup>2</sup> area (a–c) and within myenteric ganglia (d–f). Scale bars (a–c) 100  $\mu$ m, (d–f) 50  $\mu$ m. No significant differences in the average number of myenteric neurons counted per 2 mm<sup>2</sup> area (g) or in the average number of myenteric neurons per ganglion (average of 10 ganglia per animal) (h) have been observed between all groups. Data are expressed as mean  $\pm$  SEM. Numbers of animals per group are shown in parentheses



401 compared to C57/BL6 ( $9.4 \pm 0.4$  %,  $P < 0.001$ ,  $n = 4$ ) as well as  
 402 *Win/Wt* ( $8.7 \pm 0.1$  %,  $P < 0.01$ ,  $n = 4$ ) mice (Fig. 4j–l, n).

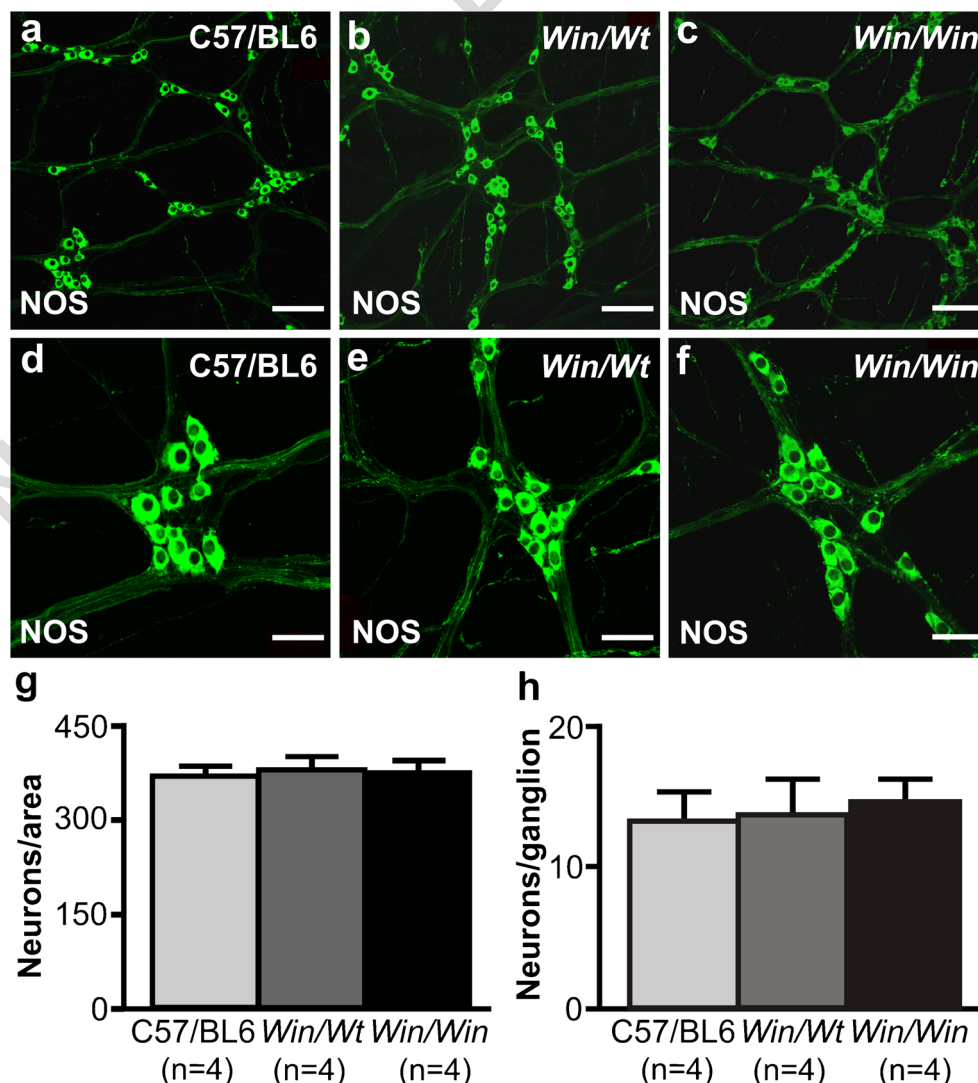
403 **No changes in the total number of myenteric neurons**  
 404 **and subpopulations of nNOS-IR and cholinergic neurons**  
 405 **in the distal colon of Winnie mouse**

406 The total number of neurons in wholemount LMMP  
 407 preparations of the distal colon was counted using the  
 408 pan-neuronal marker PGP9.5. The mean number of neu-  
 409 rons per surface area ( $2 \text{ mm}^2$ ) of the colon was similar  
 410 in *Win/Win* ( $548 \pm 7$ ,  $n = 4$ ), C57/BL6 ( $559 \pm 16$ ,  $n = 4$ ) and  
 411 *Win/Wt* ( $568 \pm 18$ ,  $n = 4$ ) mice (Fig. 5a–c, g). No signifi-  
 412 cant differences were observed in the average number of  
 413 myenteric neurons per ganglion between *Win/Win* ( $22 \pm$   
 414  $2.4$ ,  $n = 4$ ), C57/BL6 ( $23 \pm 2.3$ ,  $n = 4$ ) and *Win/Wt* ( $24 \pm$   
 415  $3.2$ ,  $n = 4$ ) mice (Fig. 5d–f, h).

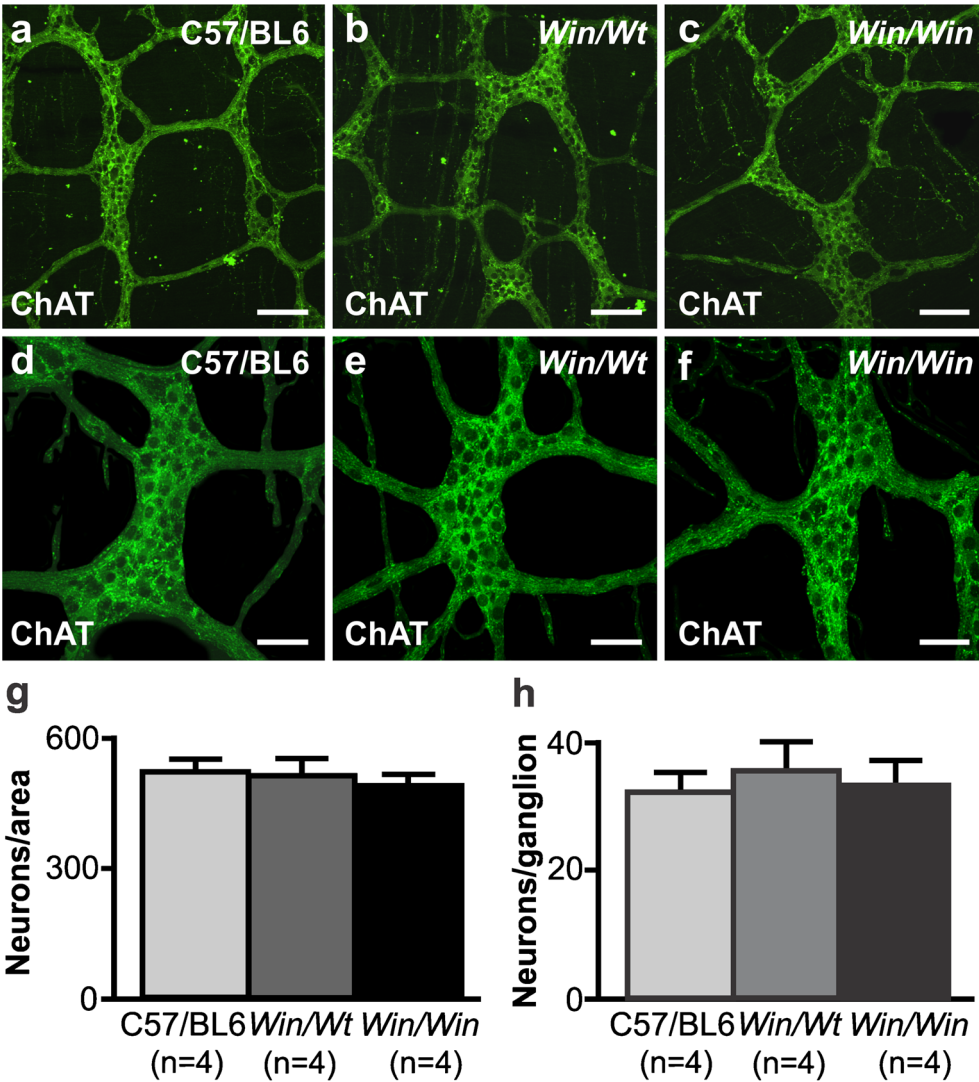
416 The number of nNOS-IR neurons in wholemount LMMP  
 417 preparations of the distal colon was quantified. Immunofluo-  
 418 rescence staining showed no significant difference in the av-  
 419 erage number of nNOS-IR neurons per surface area ( $2 \text{ mm}^2$ )  
 420 between C57/BL6, *Win/Wt* and *Win/Win* mice (C57/BL6:  $390$   
 421  $\pm 14$ ; *Win/Wt*:  $398 \pm 14$ ; *Win/Win*:  $389 \pm 8$ ;  $n = 4$ /group)  
 422 (Fig. 6a–c, g) or in the mean number of neurons per ganglion  
 423 (C57/BL6:  $12 \pm 1.5$ ; *Win/Wt*:  $13 \pm 2.2$ ; *Win/Win*:  $14 \pm 1.3$ ;  $n = 4$ /  
 424 group) (Fig. 6d–f, h).

425 The number of cholinergic neurons in wholemount LMMP  
 426 preparations of the distal colon was counted using anti-ChAT  
 427 antibody. No significant difference was observed in the mean  
 428 number of ChAT-IR neurons per surface area ( $2 \text{ mm}^2$ ) of the  
 429 colon between C57/BL6 ( $535 \pm 19$ ,  $n = 4$ ), *Win/Wt* ( $522 \pm 21$ ,  
 430  $n = 4$ ) and *Win/Win* mice ( $504 \pm 19$ ,  $n = 4$ ) (Fig. 7a–c, g). Sim-  
 431 ilarly, the average number of ChAT-IR neurons per ganglion  
 432 was comparable in C57/BL6 ( $34 \pm 2.6$ ,  $n = 4$ ), *Win/Wt* ( $37 \pm$   
 433  $3.8$ ,  $n = 4$ ) and *Win/Win* mice ( $34 \pm 2.9$ ,  $n = 4$ ) (Fig. 7d–f, h).

**Fig. 6** Number of myenteric  
 nitrergic neurons in the distal  
 colon. Nitric oxide synthase-  
 immunoreactive (NOS-IR)  
 neurons were counted within  
 $2 \text{ mm}^2$  area and within each  
 ganglion in wholemount  
 preparations of the distal colon.  
 Examples of myenteric NOS-IR  
 neurons within  $0.25 \text{ mm}^2$  area (a–  
 c) and within myenteric ganglia  
 (d–f). Scale bars (a–c)  $100 \mu\text{m}$ ,  
 (d–f)  $50 \mu\text{m}$ . No significant  
 differences in the number of  
 NOS-IR neurons per area (g) and  
 per ganglion (h) have been found  
 between all groups. Data are  
 expressed as mean  $\pm$  SEM.  
 Numbers of animals per group are  
 shown in parentheses



**Fig. 7** Number of myenteric cholinergic neurons in the distal colon. Cholinergic neurons labeled with antibody against choline acetyl transferase (ChAT) within 0.25 mm<sup>2</sup> area (**a–c**) and within the ganglia (**d–f**) in wholemount preparations of the distal colon. Scale bars (**a–c**) 100 μm, (**d–f**) 50 μm. No significant differences in the average number of ChAT-IR neurons per 2 mm<sup>2</sup> area (**g**) and per ganglion (**h**) have been found between all groups. Data are expressed as mean ± SEM. Numbers of animals per group are shown in parentheses



**Discussion**

Animal models of IBD have provided significant contributions to understanding pathophysiological mechanisms as well as development of novel therapeutic strategies for IBD (Mizoguchi and Mizoguchi 2010; Xavier and Podolsky 2007). Although animal models have their limitations and do not reproduce all the pathogenic and clinical features of human IBD, each animal model provided an invaluable tool to study complex physiological and biochemical disease aspects that are difficult to address in humans (Elson et al. 1995; Dothel et al. 2013; Grisham 1993). The *Winnie* mice used in our study develop inflammation in the colon with multiple similarities to human ulcerative colitis, including goblet cell pathology, depleted mucus layer, and distal gradient of colitis as well as a characteristic immune profile (Eri et al. 2011; Heazlewood et al. 2008; Lourenssen et al. 2005; McGuckin et al. 2011). The manifestation of clinical symptoms in *Winnie*

mice starts at the age of 6 weeks when animals become young adults. Colitis in *Winnie* mice has a chronic and relapsing nature, a major feature of human IBD. *Winnie* mice carry only a point mutation in *Muc2* gene leading to spontaneous colitis unlike chemically-induced models and some other chronic models which require pathogens to develop colitis (e.g., IL-10<sup>-/-</sup> mice) (Uhlir and Powrie 2009; Wirtz and Neurath 2007). In this study, we used 12- to 16-week-old *Winnie* mice all of which had active colitis with symptoms of perianal bleeding and diarrhea confirmed by increased fecal water content and lack of weight gain. By this age, chronic inflammation induced morphological changes in the colon including increase in its length and marked thickening of the intestinal wall which may contribute to colonic dysmotility present in these mice (unpublished data). Together with the mucosal damage and leukocyte infiltration observed in all *Winnie* mice in this study, these are the hallmark features of chronic intestinal inflammation. Muscular hypertrophy, changes in colon length and similar



gross morphological changes have been described previously in other models of chronic intestinal inflammation (Grisham 1993; Elson et al. 1995; Rivera-Nieves et al. 2003).

Inflammation in *Winnie* mice was associated with significant structural damage to the colonic innervation which was investigated for the first time in this study. The results of this study have demonstrated decrease in the density of cholinergic, noradrenergic and sensory nerve fibers projecting to the myenteric plexus, and unchanged total number of neurons and numbers of nitrergic and cholinergic neurons in the myenteric plexus of the distal colon from *Winnie* mice.

Significant reduction of the density of VACHT-IR cholinergic nerve fibers observed in the colon tissues from *Winnie* mice in our study is consistent with previous work conducted in the colon tissues from ulcerative colitis patients (Jönsson et al. 2007). It has been established that acetylcholine attenuates the release of pro-inflammatory cytokines (Borovikova et al. 2000; Ulloa 2005) and thereby could control systemic inflammation and modulate immune response. Other studies further demonstrated that cholinergic pathways also modulated experimental colitis in rats by using acetylcholinesterase inhibitors (Miceli and Jacobson 2003) or vagotomy (Ghia et al. 2006). Previous studies showed impaired release of acetylcholine from the inflamed rat intestine (Collins et al. 1989). Alterations in functions of cholinergic fibers in *Winnie* mice should be further investigated.

Noradrenergic neurons of the sympathetic celiac and the superior mesenteric ganglia innervate the smooth muscles and enteric ganglia in the colon and modulate motility, secretion, blood flow, and immune system activation (Cervi et al. 2014; Lomax et al. 2010; Miolan and Niel 1996; Straub et al. 2008; Vasina et al. 2008). Results of our study demonstrated that the density of noradrenergic nerve fibers identified by TH immunoreactivity was significantly reduced in the colon tissues from *Winnie* mice. This is consistent with the results of previous studies in patients with Crohn's disease (Belai et al. 1997; Straub et al. 2008), and in mouse models of DSS and TNBS-induced colitis (Lomax et al. 2007b; Straub et al. 2005). A large body of evidence obtained from animal models of gastrointestinal inflammation indicated marked changes in sympathetic neuronal excitability (Dong et al. 2008), neurotransmitter release (Blandizzi et al. 2003; Swain et al. 1991) and structure of noradrenergic nerve fibers (Dvorak et al. 1980; Dvorak and Silen 1985; Magro et al. 2002; Straub et al. 2008). Decreased colonic mucosal norepinephrine concentration was observed in Crohn's disease patients (Magro et al. 2002). In addition, colitis impairs noradrenergic regulation of submucosal arterioles and mesenteric arteries (Birch et al. 2008; Lomax et al. 2007b).

Similar to previous studies (Lourens et al. 2005; Straub et al. 2005), no TH-IR cell bodies were found in the myenteric plexus of *Winnie* or C57/BL6 mice. However, TH-IR neurons were previously reported to be present in the mouse and human gut. TH immunoreactivity was observed in a very small proportion (less than 0.5 %) of myenteric neurons in the ileum of adult Balb/c mice (Qu et al. 2008). TH-IR neurons constituted about 9 % of myenteric and 13 % of submucosal neurons in the ileum of adult CD-1 mice (Li et al. 2004). TH-IR myenteric and submucosal neurons were found in humans throughout the gastrointestinal tract, but most frequently in the esophagus (Wakabayashi et al. 1989). In our study, cell bodies of TH-IR neurons were not found in the distal colon of C57/BL6 or *Winnie* mice. Whether this discrepancy is due to the differences between species and mouse strains or regional differences needs to be further investigated. However, the presence of TH-IR fibers from intrinsic TH-positive neurons should not be excluded as we have not investigated the entire length of the intestine.

Anti-CGRP antibody was used to label sensory fibers including extrinsic spinal and vagal primary sensory afferent as well as intrinsic sensory fibers containing and releasing CGRP (Grider 2003; Kressel et al. 1994; Qu et al. 2008). CGRP was found to be reduced in the inflamed bowel in animal models of chemically-induced colitis (Eysselein et al. 1991; Miampamba et al. 1992; Miampamba and Sharkey 1998). Moreover, tissues from patients with Crohn's disease and ulcerative colitis also showed decrease in the number and density of CGRP-positive nerve fibers in the colonic mucosa (Koch et al. 1987; Eysselein et al. 1992).

Our data demonstrated that, although significant reduction in all types of fibers analyzed in this study was observed, CGRP-IR fibers were the most affected compared to other types of fibers in *Winnie* mice with the loss of about 65 % of CGRP-IR fibers in cross-sections. CGRP-IR sensory fibers extensively supply the mucosa and submucosa where chronic inflammation is the most prominent in *Winnie* mice. CGRP released from sensory nerve fibers plays important anti-inflammatory and protective roles: it facilitates mucus production and controls blood flow in the gastrointestinal mucosa (Holzer 2007). It has been suggested that during inflammation there is a sustained increased release of CGRP, leading to depletion of CGRP fibers (Eysselein et al. 1992). Loss of CGRP-IR sensory fibers and sensory neuron dysfunction impair mucosal protection (Holzer 2007). The loss of about 52 % of TH-IR noradrenergic fibres within myenteric ganglia observed in our study might contribute to impairment of motility, secretion, blood flow and gastrointestinal immunity in *Winnie* mice which needs to be further investigated. It was suggested that the loss of

noradrenergic fibers is a pro-inflammatory signal in the chronic phase of the intestinal inflammation (Straub et al. 2008). On the other hand, the density of VACHT-IR cholinergic fibers was less reduced in cross-sections (by 27 %) of the colon from *Winnie* mice. This might be due to the extensive projection of cholinergic fibers to the muscle layer where immune infiltration is less prominent. Nevertheless, significant reduction of VACHT-IR fibers within the myenteric ganglia (by 40 %) suggests that excitatory cholinergic neurotransmission is reduced, leading to impaired motility and symptoms of diarrhea observed in *Winnie* mice. Given the potent anti-inflammatory effect of the cholinergic innervation (Matteoli and Boeckstaens 2013), the loss of VACHT fibers may have an important impact on immune homeostasis in *Winnie* mice.

Whether the loss of nerve fibers in *Winnie* mice is a result of chronic inflammation or if *Winnie* mice are born with altered intestinal innervation which contributes to initial pathological changes in the mucosa leading to inflammation needs to be further elucidated.

Our findings showed that the number of myenteric neurons remained unchanged in the *Winnie* mouse distal colon. There is a great degree of controversy in the literature regarding the number of myenteric neurons in the inflamed intestine. Some studies reported increase, while others reported decrease or no change in the number of myenteric neurons in tissues from animal models of intestinal inflammation and from IBD patients (Table 2). Decreased number of neurons in the myenteric plexus in both wholemount preparations and cross-sections was reported in most animal models of chemically-induced intestinal inflammation, except a study

reporting no changes in wholemount preparations and cross-sections of the colon from rats with DSS-induced colitis (Winston et al. 2013). In human tissues, most of the studies were performed in transverse or cross-sections showing either increase, decrease or no change in the number of myenteric neurons (Table 2). A study performed in wholemount preparations of the colon from patients with ulcerative colitis demonstrated no changes in the number of myenteric neurons (Neunlist et al. 2003). This is consistent with the results of our study in wholemount preparations of the distal colon from *Winnie* mice with chronic inflammation. Our results demonstrated that the number of cholinergic (ChAT-IR excitatory muscle motor and interneurons) and nitrergic (NOS-IR inhibitory muscle motor and interneurons) neurons in the myenteric plexus were unaltered in the distal colon of *Winnie* mice. These results are consistent with findings in rats with DSS-induced colitis (Winston et al. 2013) and in patients with ulcerative colitis (Neunlist et al. 2003). Further studies need to investigate the gene expression of proteins regulating the synthesis of ACh and NO which can be altered, even though the number of neurons is not changed, leading to intestinal dysmotility (Winston et al. 2013). However, reductions in the density of nerve fibers observed in *Winnie* mice might lead to decreased neuropeptide release and changes in the neurotransmission affecting gastrointestinal functions. Functional studies investigating these changes in *Winnie* mice are warranted in the future.

In conclusion, the present study demonstrates that colitis in *Winnie* mice is associated with significant impairment of distal colon innervation. Changes in the cholinergic, noradrenergic and sensory innervation observed in *Winnie* mice were similar to those observed in ulcerative colitis patients.

**Table 2** Effect of intestinal inflammation on the number of neurons in the myenteric plexus

Species	Pathology/model	Tissues studied	Preparations	Number of neurons	References
Human	Ulcerative colitis	Colon	Transverse sections	Threefold increase	(Storsteen et al. 1953)
Human	Crohn's disease	Ileum	Transverse sections	Threefold increase	(Davis et al. 1955)
Human	Ulcerative colitis	Colon	Cross-sections	61 % decrease	(Bernardini et al. 2012)
Human	Ulcerative colitis	Colon	Wholemounts	No change	(Neunlist et al. 2003)
Human	Ulcerative colitis	Colon	Transverse sections	No change	(Villanacci et al. 2008)
Guinea-pig	TNBS	Colon	Wholemounts	15 % decrease	(Linden et al. 2005)
Guinea-pig	TNBS	Ileum	Wholemounts	17 % decrease	(Nurgali et al. 2011)
Mouse	DNBS	Colon	Wholemounts	50 % decrease	(Boyer et al. 2005)
Rat	DNBS	Colon	Cross-sections	50 % decrease	(Sanovic et al. 1999)
Rat	TNBS	Colon	Cross-sections	Decrease or absent (qualitative analysis)	(Poli et al. 2001)
Rat	TNBS	Colon	Wholemounts	33 % decrease	(Lin et al. 2005)
Rat	TNBS	Colon	Wholemounts	20 % decrease	(Sarnelli et al. 2009)
Rat	DSS	Colon	Wholemounts	No change	(Winston et al. 2013)

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**Conflict of interest** The authors of this manuscript do not have any potential conflicts to disclose.

**Role of authors** AAR performed experiments, analyzed data and wrote the manuscript. AMR performed experiments, analyzed data and contributed to manuscript writing. VJ contributed to processing tissues for immunohistochemical and histological studies. RE and KN developed the concept and edited manuscript. KN obtained funding and supervised the study.

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**AUTHOR PLEASE ANSWER ALL QUERIES.**

- Q1. Please check if the affiliations are presented correctly.
- Q2. Miampamba et al. 1998 has been changed to Miampamba and Sharkey 1998 as per the reference list. Please check if okay.
- Q3. Note that all seven missing reference details queried in this table have been added to the Reference List by the Copyeditor. Author to check and confirm.

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