

## Title Page

### Approach for *In vivo* Delivery of CRISPR/Cas System: A Recent Update and Future Prospect

Yu-Fan Chuang<sup>1,2</sup>, Andrew J. Phipps<sup>3</sup>, Fan-Li Lin<sup>1,2</sup>, Valerie Hecht<sup>4</sup>, Alex W. Hewitt<sup>2,5,6</sup>, Peng-Yuan Wang<sup>1,7\*</sup>, Guei-Sheung Liu<sup>2,6,8\*</sup>

<sup>1</sup>Shenzhen Key Laboratory of Biomimetic Materials and Cellular Immunomodulation, Shenzhen Institute of Advanced Technology, Chinese Academy of Sciences, Shenzhen, Guangdong, China

<sup>2</sup>Menzies Institute for Medical Research, University of Tasmania, Hobart, Tasmania, Australia

<sup>3</sup>Wicking Dementia Research and Education Centre, College of Health and Medicine, University of Tasmania, Hobart, Tasmania, Australia

<sup>4</sup>School of Natural Sciences, University of Tasmania, Hobart, Tasmania, Australia

<sup>5</sup>Centre for Eye Research Australia, Royal Victorian Eye and Ear Hospital, East Melbourne, Australia

<sup>6</sup>Ophthalmology, Department of Surgery, University of Melbourne, East Melbourne, Victoria, Australia

<sup>7</sup>Department of Chemistry and Biotechnology, Swinburne University of Technology, Hawthorn, Victoria, Australia

<sup>8</sup>Aier Eye Institute, Changsha, Hunan, China

\*Correspondence and requests for materials should be addressed to

Dr Guei-Sheung Liu (rickliu0817@gmail.com). Menzies Institute for Medical Research, University of Tasmania. Address: 17 Liverpool Street, Hobart, TAS 7000, Australia. Tel: +61362264250.

or

Dr Peng-Yuan Wang (py.wang@siat.ac.cn). Shenzhen Key Laboratory of Biomimetic Materials and Cellular Immunomodulation, Shenzhen Institute of Advanced Technology, Chinese Academy of Sciences. Address: 1068 Xueyuan Avenue, Shenzhen University Town, Shenzhen, China 518055. Tel: +86 755 8639 2694

### Acknowledgments

This work was supported by the National Health and Medical Research Council of Australia under Grant 1185600 and 1123329; the Ophthalmic Research Institute of Australia; and the Shenzhen Key Laboratory of Biomimetic Materials and Cellular Immunomodulation under Grant ZDSYS20190902093409851.

35 **Abstract**

36 The clustered regularly interspaced short palindromic repeats (CRISPR)/CRISPR-associated (Cas)  
37 system provides a groundbreaking genetic technology that allows scientists to modify genes by  
38 targeting specific genomic sites. Due to the relative simplicity and versatility of the CRISPR/Cas  
39 system, it has been extensively applied in human genetic research as well as in agricultural  
40 applications, such as improving crops. Since the gene editing activity of the CRISPR/Cas system  
41 largely depends on the efficiency of introducing the system into cells or tissues, an efficient and  
42 specific delivery system is critical for applying CRISPR/Cas technology. However, there are still some  
43 hurdles remaining for the translatability of CRISPR/Cas system. In this review, we summarized the  
44 approaches used for the delivery of the CRISPR/Cas system in mammals, plants and aquaculture. We  
45 further discussed the aspects of delivery that can be improved to elevate the potential for CRISPR/Cas  
46 translatability.

47

48 **Keywords:** CRISPR/Cas, Gene Editing, Gene Delivery, Gene therapy

## 49        **1. Introduction**

50        The innovation of gene editing has enabled the precise modification of specific genomic regions in a  
51        wide variety of organisms. Gene editing is mainly accomplished by using programmable nucleases  
52        that are highly specific. These nucleases create double-strand breaks (DSBs) in regions of interest of  
53        the genome. These DSBs are then repaired by nonhomologous end-joining (NHEJ), which is error-  
54        prone, or homology-directed repair (HDR), which is error-free; specific changes, such as insertions or  
55        deletions (indels), are thus introduced into desired regions of the genome [1-3]. By introducing HDR  
56        repair template, the defects in genes may be corrected, thus providing hope for correcting inherent  
57        errors in DNA.

58        **Gene expression can be regulated by blocking messenger RNA through RNA interference**  
59        **(RNAi), including small interfering RNAs (siRNAs) and microRNAs (miRNAs), or by homologous**  
60        **recombination [4,5].** A recent new programmable nuclease technology, clustered regularly interspaced  
61        short palindromic repeats (CRISPR)/CRISPR-associated (Cas)-type RNA-guided nucleases system  
62        [6], has revolutionized the scientific field of gene editing. Although the versatility and ease of  
63        construction and target design make CRISPR/Cas extremely attractive for breakthrough gene therapy  
64        achievements and crop improvement, there are still important limitations to consider [7,8]. One of the  
65        obstacles is the immune response in animal systems; since the components of the CRISPR/Cas system  
66        are bacterially derived, this system is expected to trigger host immune responses. Another obstacle is  
67        the size of the components in the system, which are all macromolecules; thus, they are unable to  
68        spontaneously enter the cytosol and then the nucleus [8], which are essential for successful gene  
69        modification [9]. In addition, the large size of the CRISPR/Cas system may also make it difficult to  
70        package into delivery vehicles such as viral vectors. Another aspect of difficulty for delivery of the  
71        CRISPR/Cas system in mammals is its stability. The CRISPR/Cas system requires to be highly stable  
72        and functional; otherwise, it will be degraded or eliminated during circulation in the targeted organs  
73        or tissues. Efficient delivery is one of the last major hurdles to overcome in CRISPR/Cas-mediated  
74        gene editing. As such, developing stable and effective delivery approaches is critical for its application.  
75        In this review, we summarized the approaches used for the delivery of the CRISPR/Cas system in  
76        different biological systems, including mammals, aquacultures and plants (**Figure 1**). We also  
77        discussed the aspects of delivery that can be improved to elevate the potential translatability the  
78        CRISPR/Cas system.

79

## 80        **2. CRISPR/Cas gene editing system**

81 The CRISPR/Cas system was first identified as a prokaryotic adaptive immune system. It was the first  
82 programmable nuclease system that was found to function as ribonucleoprotein particles that utilized  
83 base pairing to recognize its targets [10]. This system for gene editing has been widely adopted since  
84 it is relatively easy to redesign to produce target specificity. Scientists have engineered and modified  
85 this system to allow CRISPR/Cas to act as a successful gene editing tool [6].

86 There are three key components in the CRISPR/Cas9 system: the tracrRNA, Cas9 protein, and  
87 pre-crRNA. The tracrRNA forms a complex with pre-crRNA after transcription. The Cas9 protein  
88 stabilizes the complex, and the pre-crRNA is then processed by RNase III to generate crRNA [11].  
89 The Cas9/gRNA (made up of crRNA and tracrRNA) complex recognizes the protospacer adjacent  
90 motif (PAM), which is a short motif that is located adjacent to the target DNA sequence [12]. Then,  
91 the complex unwinds the target DNA beginning at the seed region (10-12 nucleotides) [13]. When the  
92 DNA sequence corresponds to the gRNA, two nuclease domains of Cas9 cleave target strands [14-16].  
93 The Cas9/gRNA complex can tolerate single or sometimes multiple mismatches, with mismatches  
94 downstream of the seed region typically being more frequently tolerated [15,17].

95 There are six types of CRISPR/Cas systems (type I-VI) that are further classified into two  
96 classes: the class 1 **CRISPR/Cas system** and the class 2 **CRISPR/Cas system** [18,19]. The main feature  
97 of the class 1 CRISPR/Cas system, which is subclassified into types I, III, and IV, is that they have  
98 multisubunits of effector nuclease complexes. The class 2 CRISPR/Cas system differs from class 1  
99 because it requires only a single effector nuclease; class 2 is subclassified into types II, V, and VI.  
100 Their programmable single effector nucleases enable nucleic acid detection and genome engineering  
101 [20,21,3,22,23]. Types II, V, and VI are based on Cas9, Cas12, and Cas13 effectors [24-26]. Among  
102 them, the CRISPR/Cas9 system is the most commonly used system to date.

103

### 104 **3. Application of the CRISPR/Cas system for gene editing**

#### 105 **3.1 Strategies based on Cas nuclease activity**

106 Based on the nuclease activity of CRISPR/Cas, there are various gene editing strategies that have been  
107 developed for DNA (gene disruption, precise repair, targeted insertion, large-scale DNA editing) and  
108 RNA modification (*Supplementary Table S1; Figure 2a and 2b*).

109

##### 110 **3.1.1 DNA editing**

111 For gene disruption, NHEJ ligates DSBs introduced by Cas endonuclease, and this break and repair  
112 pattern takes place repeatedly until the target sequence is altered and an indel occurs [27]. An indel  
113 can cause frameshifting or exon skipping and subsequent gene disruption. Gene disruption can also

114 silence dominant negative mutations by disrupting the mutant allele while preserving the normal allele.  
115 **In addition, HDR inserts donor template, which has homology arms to match target locus, to the**  
116 **genome and cause a deletion [28].**

117 For precise repair, HDR uses a donor template that has the desired insertion or modification.  
118 This donor template has homology arms that enable it to match the target locus and insert the desired  
119 genetic material or modify the genome with high precision [27].

120 For targeted insertion, HDR allows precise insertion of exogenous DNA sequences into the  
121 genomes of dividing cells, while homology-independent targeted integration (HITI) allows insertion  
122 of exogenous DNA sequences into the genomes of nondividing cells using an NHEJ-based homology-  
123 independent strategy [29].

124 For large-scale DNA editing (editing a size of up to several megabase pairs [Mbp]), DNA  
125 fragments can be deleted by introducing the CRISPR/Cas system with two guide RNAs that target  
126 different sites. In addition, allelic exchange can correct recessive compound heterozygous mutations.  
127 This is achieved by generating homologous DNA breaks in both chromosomes, and the allelic  
128 exchange between mutated alleles can rescue the disease phenotype [30].

129

### 130 **3.1.2 RNA editing**

131 The CRISPR/Cas system acts not only on DNA but also RNA. Previous studies have identified an  
132 RNA-targeting CRISPR/Cas effector complex, termed the psiRNA-Cmr protein complex, which  
133 comprise prokaryotic silencing (psi)RNAs and Cmr Cas proteins. This complex cleaves target RNAs  
134 at a predetermined site, indicating that prokaryotes have their own unique RNA silencing system [31].  
135 Cas endonuclease has also been shown to bind to and cleave ssRNA targets [32]. Strutt *et al.* showed  
136 that type II-A and II-C Cas9 endonucleases are capable of recognizing and cleaving ssRNA without a  
137 PAM. [33]. Recently, scientists have discovered the RNA-editing Cas13 family. The Cas13 family has  
138 been shown to be a programmable RNA-editing CRISPR/Cas system. Compared to other RNA  
139 targeting approaches, this system is more specific and efficient [34-36]. Recently, Konermann *et al.*  
140 discovered a Cas13d in *Ruminococcus flavefaciens* XPD3002 (CasRx), and it possesses high activity  
141 in human cells. CasRx is small, consisting of 930 amino acids, and it can be flexibly packaged into an  
142 **Adeno-associated virus (AAV)**, making it suitable for delivery by AAV vectors. In addition to the  
143 knockdown activity, catalytically inactivated CasRx can be utilized to regulate pre-mRNA splicing by  
144 acting as a splice effector [37].

145

### 146 **3.2 Strategies based on Cas-effector fusion protein activity**

147 Since CRISPR/Cas possess DNA-binding properties, it may play a crucial role in important  
148 applications other than site-specific gene editing. A catalytically dead Cas9 enzyme (dCas9) has been  
149 developed to control gene expression [38]. dCas9, like Cas9, is capable of recognizing and binding to  
150 a target DNA sequence. However, instead of cleaving the target DNA sequence, dCas9 has been used  
151 for transcriptional inactivation, transcriptional activation, introducing epigenetic modifications or base  
152 editing. These functions are achieved by fusing dCas9 to gene activators, repressors, acetyltransferases  
153 or adenosine deaminases. Since dCas9 is in a catalytic inactive form, it is used here for precise targeting  
154 instead of its catalytic activity (**Supplementary Table S2; Figure 2c and 2d**).

155

### 156 **3.2.1 Transcriptional regulation**

157 As dCas9 can be fused with transcriptional repressors or activators to target the promoter region of  
158 gene interest and result in transcriptional repression (CRISPR interference) or activation (CRISPR  
159 activation) without changing the genome; this activity has been demonstrated in *Escherichia coli* as  
160 well as in plant and mammalian cells [39,38,40]. In addition, studies have shown that a modifying  
161 sgRNA can also enhance the specificity of transcriptional regulation. For example, using the Cas9-  
162 VP64 transcriptional activator together with an sgRNA that has two MS2 RNA aptamer hairpin  
163 sequences added to it can successfully induce sequence-specific transcriptional activation [41].

164 The CRISPR/Cas system can also be utilized for epigenetic modification. Hilton *et al.* fused  
165 dCas9 with acetyltransferase that catalyze the acetylation of histone H3 at lysine 27. This modulation  
166 has been shown to strongly activate specific gene expression. Not only acetylation but also methylation  
167 may be accomplished using this approach [42].

168

### 169 **3.2.2 Base and prime editing**

170 CRISPR/dCas has been utilized for precise DNA and RNA editing. The CRISPR/nickase Cas9  
171 (nCas9)-based base editor was first developed by Komor *et al.* and was used to convert a targeted C-  
172 G base pair to T-A by a DNA cytosine deaminase [43]. Gaudelli *et al.* subsequently developed a  
173 transfer RNA adenosine deaminase that, when fused to nCas9, can convert A-T base pairs to G-C base  
174 pairs [44]. This kind of CRISPR/Cas-mediated editing is powerful since single point mutations are  
175 accounted for a large category of genetic diseases.

176 Recently, **a more powerful and versatile gene-editing method**, prime editing, was discovered  
177 as a way to introduce indels and enable base conversions in both transitions and transversions [45].  
178 The editor used in prime editing is termed prime editor. The prime editor is composed of nCas9 fused  
179 with reverse transcriptase. The prime editor is guided by a **prime editing gRNA (pegRNA)**. After

180 nCas9 nicks the target site, the pegRNA binds to a single strand DNA (ssDNA) and initiates reverse  
181 transcription. The reverse transcribed pegRNA is then incorporated into the target site.

182

#### 183 **4. Current approaches for delivering the CRISPR/Cas system in mammals**

184 CRISPR/Cas can be delivered using different modalities, including DNA, mRNA and protein. When  
185 it is delivered in a DNA mode, Cas and gRNA are delivered as a single plasmid. For the mRNA mode,  
186 Cas mRNA is delivered with a separate gRNA. For the protein mode, Cas protein is delivered with  
187 gRNA as a ribonucleoprotein complex (RNP). Each mode exhibits overall effectiveness but also  
188 includes some limitations. Packaging Cas9 and gRNA in the same plasmid makes the delivered cargo  
189 more stable than that of other methods; however, the large size of the plasmid increases the difficulty  
190 of delivery, and the integration of plasmids into the host genome and prolonged expression are  
191 potential limitations of this delivery method. Delivery of Cas mRNA enables faster gene editing;  
192 however, RNA is fragile, and the degradation of gRNA may initiate before Cas9 mRNA is successfully  
193 translated. The RNP is the most direct and fastest mode for gene editing. However, compared to  
194 plasmids or mRNAs, it is much more challenging to obtain a pure protein. In addition, the sudden  
195 introduction of bacterial proteins may induce an immune response in the host.

196 The delivery vehicles can be separated into two groups: viral and nonviral vectors. For *in vivo*  
197 delivery of CRISPR/Cas, viral vectors are the preferred vehicle. To date, nonviral vector delivery has  
198 not been as commonly used as viral-based delivery. However, nonviral vectors are comparable to viral  
199 vectors and are a topic of intense research. The delivery vehicles for the *in vivo* CRISPR/Cas system  
200 discussed below are summarized in **Figure 3 and Table 1**.

201

#### 202 **4.1 Viral-based CRISPR/Cas gene editing and delivery**

203 Viral vectors are commonly used vehicles for introducing gene editing materials such as DNA.  
204 Lentivirus, adenovirus, and adeno-associated virus (AAV) are three major types of viral vectors widely  
205 used for the gene delivery of CRISPR/Cas system. Though viral delivery has high efficiency *in vivo*,  
206 there are some disadvantages, including safety issues. These viruses work by releasing the viral  
207 genome into host cells after infection. This means that the interactions between the virus and host cells  
208 **must be strong**; thus, viral delivery methods are more complicated than most of the nonviral methods  
209 under *in vivo* conditions.

210

#### 211 **4.1.1 Lentivirus**

212 Lentiviruses are RNA viruses with the capability to integrating into dividing and nondividing cells.  
213 Lentiviruses are an excellent delivery vehicle for cells that are hard to transfect by chemical  
214 methods. Furthermore, it has a large packaging capacity of ~10.7 kb [46]. This property allows it to  
215 carry multiple sgRNA sequences that can induce multiple gene editing at once [47]. Due to these  
216 advantages, lentiviruses have been used in many initial gene editing studies. Mouse models of  
217 myeloid malignancy [48] and lung cancer [49] have been generated using lentivirus delivery.  
218 However, there are some disadvantages of using lentivirus, including the integration of the viral  
219 genome, which may cause cancer via insertional activation of proto-oncogene [50].

220 To overcome these issues, lentiviral vectors have been further developed into integration-  
221 deficient lentiviral vectors (IDLVs) to reduce the undesired integration of the viral genome into the  
222 host cell genome [51,52]. IDLVs retain the property of being able to edit genes in hard-to-transfect  
223 cells [53,54]. Although IDLVs have been found to cause unwanted gene modifications, the study also  
224 showed that IDLVs have effective site-specific gene repair activity due to their active recruitment of  
225 host HDR proteins [55]. Therefore, pairing IDLVs with safer endonucleases such as SpCas9-HF or  
226 eSpCas9 may improve its application [56,57].

227

#### 228 4.1.2 Adenovirus

229 Adenoviruses are double-stranded DNA (dsDNA) viruses. Similar to a lentivirus, an adenovirus can  
230 infect both dividing and nondividing cells. However, since they do not generally induce genome  
231 integration in the host DNA, adenoviruses do not cause a potential off-target effects the way a  
232 lentivirus does. It has been shown that adenovirus-based delivery of the CRISPR/Cas system can result  
233 in the efficient editing of the *proprotein convertase subtilisin/kexin type 9 (Pcsk9)* and *Pten* genes in  
234 adult mouse liver [58,59]. Moreover, adenovirus-based delivery also has been successfully used to  
235 induce specific chromosomal rearrangements to generate echinoderm microtubule-associated protein  
236 like 4-anaplastic lymphoma kinase (EML4-ALK)-driven lung cancer *in vivo* [60]. However,  
237 adenoviruses can elicit a significant immune response. Adenoviruses are also costly and difficult to  
238 produce in high volumes. These shortcomings set a limit for the applications of adenovirus-mediated  
239 delivery in clinical gene therapy [58].

240

#### 241 4.1.3 Adeno-Associated Virus

242 AAVs are small ssDNA viruses. Compared to lentivirus- and adenovirus-based delivery, AAV-based  
243 delivery is safe and efficient since it results in only minor cytotoxicity and immune responses [61,62].  
244 Since AAVs have a wide range of serotypes, which helps to achieve a broad range of tissue tropisms

245 and used for efficient gene editing [63]. For example, Swiech *et al.* reported a first successful AAV-  
246 based CRISPR/Cas9 gene editing in the mouse brain [64]. A similar approach was used by Hung *et al.*  
247 for retinal gene editing and achieved high editing effects in the adult mouse retina [65]. **Studies have**  
248 **also demonstrated successful AAV-based CRISPR/Cas9 gene editing in the retina of retinal**  
249 **degeneration mouse model [66,67]. AAV-based delivery of CRISPR/Cas components has also been**  
250 **used to knockdown IGF in the central nervous system [68].** In addition, studies have also demonstrated  
251 that muscle tissue-specific delivery of CRISPR/Cas components using AAV vectors can correct the  
252 mutated dystrophin gene in Duchenne muscular dystrophy (DMD), and functional recovery was  
253 observed *in vivo* [69,70,63,71]. **Zhang et al. recently demonstrated improved CRISPR-Cas9-mediated**  
254 **gene editing efficiency in DMD mouse model using self-complementary AAV (scAAV) system [72].**  
255 AAV-based delivery of CRISPR/Cas9 has also been used to achieve effective gene correction in  
256 metabolic liver disease in newborn mice [73,74]. Moreover, delivery of sgRNAs using AAVs in a  
257 tissue-specific SpCas9 transgenic mouse can be employed to generate the disease animal model such  
258 as cardiomyopathy [75] and lung adenocarcinoma [76]. **Also, Murlidharan et al. uses AAV chimeric**  
259 **(AAV2g9) to deliver gRNAs targeting the schizophrenia risk gene MIR137 into the brain of**  
260 **CRISPR/Cas9 knock-in mouse model to achieve brain-specific gene deletion [77]. Furthermore,**  
261 **delivery of sgRNAs using AAVs into CRISPR/Cas9 knock-in mice can be used to perform high-**  
262 **throughput mutagenesis to generate autochthonous mouse model of cancer [78,79].** Despite progress  
263 in using AAVs for CRISPR/Cas-based gene editing, the small cargo capacity (<4.7 kb) of AAVs can  
264 limit its application. Thus, when combining conventional SpCas9, which has a size of 4.2 kb, with the  
265 addition of sgRNA, another vector system is usually required. Later on, several smaller Cas9 orthologs  
266 (such as *Staphylococcus aureus* (SaCas9) [80], *Campylobacter jejuni* (CjCas9) [81], *Streptococcus*  
267 *thermophilus* (StCas9) [82] and *Neisseria meningitidis* (NmCas9) [81]) were developed by scientists  
268 to enable the *in vivo* gene editing by a single AAV vector.

269

## 270 **4.2 Nonviral-based CRISPR/Cas gene editing and delivery**

### 271 **4.2.1 DNA-based delivery**

272 DNA-based delivery is commonly used for introducing the CRISPR/Cas system into cells because it  
273 is more stable than mRNA. CRISPR/Cas-encoding DNA facilitates greater gene editing efficiency  
274 than other methods [83-85]. For example, the CRISPR/Cas9 components were delivered in the form  
275 of DNA by tail-vein hydrodynamic injection to a mouse model of tyrosinemia and achieved >6% gene  
276 correction in the liver cells after a single application [86]. Furthermore, Zhen et al also reported that  
277 hydrodynamic injection of CRISPR/Cas9-encoding DNA can effectively disable the hepatitis B virus  
278 replication by creating mutations in virus DNA [87]. Apart from systemic administration, subretinal

279 injection of CRISPR/Cas components in a plasmid form in combination with electroporation has also  
280 been reported to enable an allele-specific gene editing in the retina of a rat model of retinitis  
281 pigmentosa [88]. A similar effect also found by Latella *et al.* in a mouse model of retinitis pigmentosa,  
282 which significantly reduced mutated protein levels and prevented major visual dysfunction [89]. In  
283 addition, Li *et al.* demonstrated an allele-specific gene editing in the retinas of Rho-P23H knock-in  
284 mice which selectively targeting the P23H allele that has a single-nucleotide mutation [90]. Moreover,  
285 Shinmyo *et al.* introduced a plasmid containing CRISPR/Cas components into the mouse brain using  
286 *in utero* electroporation for effective brain-specific gene editing *in vivo* [91]. These works  
287 demonstrated the applicability of DNA-based delivery of CRISPR/Cas9 *in vivo*.

288

#### 289 4.2.2 mRNA-based delivery

290 mRNA-based delivery methods largely decrease the risk of host genome integration. However, the  
291 effective time of mRNA-based delivery methods is relatively fast, and there are some additional  
292 shortcomings of such delivery methods. For example, the stability of mRNA, and the need to deliver  
293 the components (Cas mRNA and sgRNA) separately are the two main concerns of this method. Yin *et al.*  
294 demonstrated a delivery method that utilized different vehicles for introduction of the  
295 CRISPR/Cas9 components, lipid nanoparticles delivered the Cas9 mRNA, and an AAV delivered the  
296 sgRNA/HDR template. By utilized this strategy, they showed an efficient correction of the *Fah*  
297 (*fumarylacetoacetate hydrolase*) gene in a mouse model of hereditary tyrosinemia [92]. However, it is  
298 important to note that this combination approach still requires viral codelivery to achieve certain  
299 efficacy, and compared to DNA and protein, RNA is unstable. Moreover, the degradation of sgRNA  
300 may significantly affect editing efficiency. Future research into increasing sgRNA stability is required  
301 to improve the efficiency of these methods. Studies have showed that modifying sgRNA has beneficial  
302 effects on the stability of sgRNA. Yin *et al.* modified sgRNA by switching the 2'OH group of RNA  
303 to 2'OMe and 2'F and added phosphorothioate bonds [93]. This study reported that a single injection  
304 induced more than 80% efficiency in editing *Pcsk9* in the livers of mice, demonstrating a potential  
305 modified method for improving the stability of mRNA in order to overcome the obstacles of mRNA-  
306 based delivery. In addition, other researchers reported a similar study in which modified sgRNA and  
307 Cas9-encoding mRNA were packaged into a lipid nanoparticle vehicle. With a single administration,  
308 a more than 97% reduction in the mouse *transthyretin* (*Ttr*) gene was shown in the serum protein levels  
309 of the liver. This study demonstrated efficient gene editing that could persist for at least 1 year [94].  
310 Another study has also demonstrated a high editing efficacy (~80%) by unitizing a lipid nanoparticle  
311 with disulfide bonds (BAMEA-O16B) to deliver Cas9 mRNA and sgRNA *in vivo* [95].

312

### 313 4.2.3 Protein-based delivery

314 Delivering Cas protein with gRNA as a Cas9 RNP is the fastest and most direct pathway for gene  
315 editing, and it is suitable for *in vivo* therapeutic applications. To facilitate the delivery of Cas9 RNPs  
316 into target cells, a fusion protein of Cas9 and negatively supercharged proteins was created to enable  
317 the delivery by cationic lipid formulated transfection reagents such as RNAiMAX [96]. Delivery of  
318 the Cas9 RNP/RNAiMAX complex via injection into the cochlea of transgenic *Atoh1 (Atonal BHLH*  
319 *Transcription Factor 1)-GFP* mice caused a 13% reduction in GFP in the ears of the transgenic mice.  
320 **Mangeot *et al.* designed a vector based on murine leukemia virus (MLV), termed nanoblades, to**  
321 **deliver Cas9 RNPs for *in vivo* gene editing [97]. Moreover, an amphiphilic nanocomplex has also been**  
322 **developed to deliver Cas9 RNPs *in vivo* and showed effective gene editing in the brain of the mouse**  
323 **model of Alzheimer's disease [98].** Furthermore, to enhance endosomal escape, PEI polymers or  
324 combined PEI polymers with liposomes was used for Cas9 RNP delivery *in vivo*. Sun *et al.* coated a  
325 DNA nanoclew with PEI polymers to deliver Cas9 RNPs into the nuclei of human cells. By using this  
326 vehicle, target gene disruption can be achieved with negatively impacting cell viability [99]. The study  
327 also noted that the modification of DNA nanoclew to partially complementary with the sgRNA can  
328 further enhance the editing efficacy. In addition, the modification of Cas9 protein can also improve  
329 the efficacy of direct cytoplasmic/nuclear delivery of Cas9 RNP. Mout *et al.* developed the Cas9En  
330 protein, in which the N-terminus of Cas9 protein has an attached oligo glutamic acid tag that is  
331 negatively charged [100]. Cas9En RNPs were delivered using arginine-functionalized gold  
332 nanoparticles (Arg-AuNPs), which are positively charged. With the NLS attached, Cas9 RNPs were  
333 delivered directly to the cytosol, accumulated in the nucleus and provided ~30% editing efficiency.  
334 **Recently, this nano-assembled platform has been used for Cas9 RNP delivery *in vivo* and achieved >8%**  
335 **gene editing efficiency [101].**

336 AuNPs have also been used to deliver Cas9 RNPs *in vivo* for gene editing and correction in the  
337 disease models. AuNPs can be conjugated with donor DNA, Cas9 RNPs and the endosomal disruptive  
338 polymer PAsp (diethylenetriamine, DET) to form a vehicle termed CRISPR-Gold. Lee *et al.* reported  
339 that CRISPR-Gold-based Cas9 RNPs delivery can achieve 5.4% correction of the dystrophin gene in  
340 the muscle tissue of **DMD** mice [102]. Another study also showed that intracranial injection of  
341 CRISPR-Gold in the brain rescued mice from abnormal behaviors caused by fragile X syndrome [103].  
342 CRISPR-Gold may offer the opportunity in the development of therapeutic approaches targeting the  
343 muscle and brain diseases, while effective endosomal escape is still required for higher delivery  
344 efficiency.

345 Overall, protein-based delivery offers reduced off-target effects and a low immune response  
346 compared to DNA and mRNA-based delivery [104]. Cas9 RNPs increase efficacy by avoiding the

347 degradation of sgRNA. However, transport of Cas9 RNPs into the cytosol or the nucleus is critical for  
348 therapeutic effects. Thus, endosomal entrapment is still a crucial obstacle to overcome [105].

349

## 350 **5. Current approach of delivering the CRISPR/Cas system in aquaculture**

351 Genomes of several aquaculture species, including Salmonidae, Nile tilapia, gilthead seabream,  
352 Siluridae, Cyprinidae, Northern Chinese Lamprey and Pacific oyster, have been successfully  
353 modified with the CRISPR/Cas system (**Table 2**). CRISPR/Cas protocols developed in model  
354 species such as zebrafish have been followed for gene editing in aquaculture species [106]. The  
355 standard gene transfer method used in aquaculture species is microinjection. Microinjection is  
356 performed using special equipment to inject the CRISPR/Cas complex into newly fertilized eggs;  
357 this method has high gene editing efficiency [107]. In most cases, NHEJ was used to induce  
358 mutations, while HDR has been successfully used in Rohu carp [108]. However, if gene editing  
359 continues at different stages of embryonic development, mosaicism could occur. These concerns are  
360 the focus of current research, which aim to enable more widespread adoption of CRISPR/Cas  
361 techniques in aquaculture. CRISPR/Cas techniques have been used to address characteristics such as  
362 sterility, growth and disease resistance of aquaculture species. The reason for inducing sterility in  
363 fish is to preserve the domesticated strains by preventing gene flow. For example, CRISPR/Cas  
364 techniques have been used to induce sterility in Atlantic salmon [109]. Several papers have  
365 demonstrated gene editing of the myostatin gene using the CRISPR/Cas approach to enhance the  
366 growth of fish, including channel catfish and common carp [110,111]. The CRISPR/Cas approach  
367 has also been used to investigate immunity and disease resistance in channel catfish, Rohu carp and  
368 grass carp [112,108,113]. Disruption of the *TLR22* gene in Rohu carp resulted in a model for  
369 studying immunology, demonstrating the capability of CRISPR/Cas to aid in the development of  
370 effective treatments for aquaculture. By understanding the underlying pathways of transcription and  
371 translation through CRISPR/Cas-based mechanisms, **it is possible to strengthen disease resistance,**  
372 **decrease disease incidence, and improve species resilience in aquaculture.** Aquaculture is highly  
373 suited for the application of CRISPR/Cas gene editing for numerous reasons. Sample sizes can be  
374 large without generating cumbersome costs; thousands of externally fertilized embryos enable  
375 microinjection by hand. The large sample size is impartial and useful for comparisons of successfully  
376 edited samples with controls and for the assessment of pathogen resistance. Furthermore, a large  
377 sample size enables the development of well-developed disease challenge models since extensive  
378 phenotypes are practical. With the technology becoming mature in aquaculture species, it is

379 becoming easier to study gene function, improve disease resistance, and generate new strains with  
380 selected characteristics that can improve economic value.

381

## 382 **6. Current approach of delivering the CRISPR/Cas system in plants**

383 As shown above, the CRISPR/Cas system is highly adept at modifying animal genomes. Studies have  
384 also demonstrated its ability to modify plant genomes. **Conventionally, mixed dual promoter system**  
385 **is used to express CRISPR/Cas system in plants. In mixed dual promoter system, RNA polymerase II**  
386 **promoters are used to express Cas protein and RNA polymerase III promoters specifically expressed**  
387 **in plants, such as AtU6 for Arabidopsis or tomato, TaU6 for wheat, and OsU6 or OsU3 for rice, are**  
388 **used to express gRNA [114-117].** However, to utilize CRISPR/Cas9 technology in creating new traits  
389 in plants, efficient delivery of the CRISPR/Cas system into cells is essential. The two delivery methods  
390 utilized in plants are indirect and direct methods. Indirect methods (such as agroinfiltration,  
391 agroinfection, and viral infection/agroinfection) use plant bacteria or viruses to mediate the  
392 introduction of DNA constructs into target plant cells. By contrast, no biological organisms are used  
393 as mediators for direct delivery. Protoplast transfection and biolistic particle delivery are the most  
394 commonly used direct methods. **Agroinfiltration is usually used as a transient assay and has been**  
395 **widely used for its versatility and simplicity [118-122].** Agroinfection, biolistic particle delivery and  
396 viral infection are usually used for stable editing. Protoplast transfection can be used for both transient  
397 and stable editing. The delivery methods used in plant gene editing (**Figure 4** and **Table 3**) will be  
398 summarized in the following sections.

399

### 400 **6.1 Transient events**

#### 401 **6.1.1 Indirect method**

402 **Agroinfiltration.** *Agrobacterium* spp. are plant pathogens. When infecting plants, *Agrobacterium*  
403 *tumefaciens* causes tumor-like growth on aerial parts of the plant (crown gall), while *Agrobacterium*  
404 *rhizogenes* induces root tumors. Agrobacteria contain a large plasmid (exceeding 200 kb), which is  
405 named Ti in the case of *A. tumefaciens* or Ri in the case of *A. rhizogenes*, and it can transfer a specific  
406 DNA segment (transfer DNA or T-DNA) into the infected plant cells, enabling the T-DNA to integrate  
407 into the host genome. These two strains of agrobacterium have been modified to contain a disarmed  
408 Ti/Ri plasmid where tumor-inducing genes have been deleted. The essential parts of the T-DNA,  
409 border repeats (25 bp), are needed for plant transformation and are used to generate transgenic plants.

410 Agroinfiltration is a transient assay in which an *A. tumefaciens* culture containing modified T-DNA is  
411 directly injected into plant leaves (**Figure 4a**) [123-125]. For root hair transformation, *A. rhizogenes*  
412 is specifically used to evaluate editing efficiency in plant root hairs, and this method has mainly been  
413 used in legume species such as Medicago and soybean [126-128].

414

### 415 **6.1.2 Direct method**

416 **Protoplast transfection.** A method for transfection and transient assays is protoplast transfection. This  
417 method enzymatically digests the cell walls of plant tissues and uses PEG for transfection or  
418 electroporation for delivery (**Figure 4b**). The same protoplasts can deliver several DNA constructs.  
419 Protoplast transfection has been proven to successfully deliver the CRISPR/Cas system and result in  
420 gene editing in *Arabidopsis thaliana*, *Nicotiana benthamiana*, rice, wheat, and maize, among others  
421 [129-131,115,132-134].

422

## 423 **6.2 Stable events**

### 424 **6.2.1 Indirect method**

425 **Agroinfection.** Agrobacterium-mediated DNA delivery is the most commonly used method for almost  
426 all model plant species, main crop species, vegetable and fruit crops and forest crops. Similar to  
427 agroinfiltration, Agrobacterium can also create transgenic plants by genome integration in the plant  
428 nuclear DNA [135] (**Figure 4c**).

429 **Viral infection.** The first viral vector used in plants was tobacco mosaic virus (TMV). Researchers  
430 used TMV to silence a gene in *N. benthamiana* [136]. **The majority of plant viruses are RNA viruses**  
431 **whose genomes are ssRNAs, they can be synthesized *in vitro* and used to inoculate plants, or they can**  
432 **be synthesized *in vivo* as DNA viruses from a plasmid introduced directly to plants by mechanical**  
433 **means for gene delivery [137]. To accelerate the delivery process, the viral genome can be inserted as**  
434 **a cDNA fragment into a binary vector and then can be used for agroinfection-mediated delivery into a**  
435 **plant cell (Figure 4d).**

436 Tobacco rattle virus (TRV) is an ssRNA virus that has two genome components, TRV1 (or  
437 RNA1) and TRV2 (or RNA2). Both genome components are required for inoculation. Plants edited  
438 using RNA viruses do not exhibit germline transmission of edits. For instance, Ali *et al.* used  
439 agroinfection to deliver the RNA1 genomic component of TRV and a vector derived from TRV RNA2  
440 containing targeting gRNA into the leaves of *N. benthamiana* overexpressing Cas9 for gene editing in  
441 plant cells [138].

442 Geminiviruses, unlike TRV, do not require *in vitro* transcription prior to inoculation.  
443 Geminiviruses have a circular ssDNA genome [139]. Geminiviruses do not have a gene encoding DNA  
444 polymerase; therefore, their ssDNA genomes are converted into dsDNA genomes by host DNA  
445 polymerases in the nucleus. The dsDNA genome is then used as a template for virus transcription and  
446 rolling circle replication. Replication initiator protein (Rep) is essential for the initiation of rolling-  
447 circle replication. Rolling circle replication can either convert ssDNA genomes into dsDNA genomes  
448 or package ssDNA genomes into virions. Plant plasmodesmata pathways facilitate the transport of  
449 virions to adjacent cells [140,141]. Bean yellow dwarf virus (BeYDV), which is a geminivirus, has  
450 been used to deliver the CRISPR/Cas system [140]. Studies have demonstrated gene editing using  
451 BeYDV in tomato (*anthocyanin mutant 1* gene, *ANT1*), and a modified cabbage leaf curl virus  
452 (CaLCuV) has been used in tobacco [129,142]. Such approaches have also been applied in wheat, and  
453 researchers have enhanced the efficiency of this method by developing an optimized wheat dwarf virus  
454 (WDV) system [143].

455

## 456 **6.2.2 Direct method**

457 **Protoplast transfection.** Unlike the transient method of protoplast transfection, the stable  
458 transformation method generated targeted genome modifications in whole plants that were regenerated  
459 from genome-edited protoplasts [132,133]. Two advantages of protoplast transfection are the ability  
460 to deliver multiple components and to do so at a high quantity. This method is highly suitable for gene  
461 editing using donor template repair. A high quantity of transfected cells can promote the recovery of  
462 gene editing via donor template repair. However, a disadvantage of protoplast transfection is the rate  
463 of plant regeneration in monocot plants. Protoplast transfection has been used for gene editing in potato  
464 [144], tobacco, and lettuce [133].

465 **Biolistic particle delivery.** Biolistic particle delivery is accomplished by transfecting cells via  
466 bombardment. Gene guns can penetrate the cell wall of plant cells with physical force to deliver DNA  
467 (**Figure 4e**). This method is common in transforming plants due to its efficiency and its ability to  
468 deliver multiple DNA constructs simultaneously [145]. Most importantly, there is no plant species  
469 restriction to biolistic particle-based delivery. The main disadvantage of this method is that by  
470 introducing multiple copies of the DNA in the target plants, undesired effects such as gene suppression  
471 might occur in the recovered transgenic plants. Biolistic particle delivery has been used for gene  
472 editing in rice and wheat, soybean and maize using the CRISPR/Cas system [146-148]. In addition,  
473 **this method is also used for efficient gene editing using CRISPR/Cas9 RNPs in crops, such as**  
474 **hexaploid wheat and maize** [149,150].

475

## 476 **7. Future prospects in CRISPR/Cas delivery**

477 The CRISPR/Cas system is simple but versatile. The CRISPR/Cas system has great potential for gene  
478 editing, but the delivery of CRISPR/Cas into cells dramatically impacts editing efficiency. There are  
479 still some aspects of delivery that can be improved to elevate the potential for translatability.

### 480 481 **7.1 Immunity to the CRISPR/Cas system and its delivery vehicle**

482 It is known that the Cas gene must be delivered into cells to express the Cas protein, and the long-term  
483 and robust expression of bacterially derived protein is expected to activate the host immune system.  
484 One solution to this problem is to use a protein-based delivery of the CRISPR/Cas system, which may  
485 have less immunogenicity, as the Cas protein would only be present in the target cell for a short period  
486 of time [100]. When combined with immunogenic effects caused by certain delivery vehicles, the level  
487 of immunogenicity might make negligible the efficiency of the CRISPR/Cas system. It has been  
488 reported that exogenous RNA delivered by lipid nanoparticles might activate Toll-like receptors and  
489 subsequent immune responses [151]. Therefore, the type of delivery vector should be carefully chosen.  
490 Moreover, it is especially important to consider the side effects of viral vectors. When compared to  
491 lentiviruses, AAVs and adenoviruses can avoid the risk of undesired DNA integration into the host  
492 genome. Producing viral DNA or protein within the cells of host can generate a risk of for clinical  
493 applications [152,153].

### 494 495 **7.2 Engineered biomaterials in improving the delivery efficiency**

496 Among the delivery vectors, the most suitable vectors for *in vivo* delivery may be nonviral vectors  
497 rather than viral vectors. Nonviral delivery, compared with viral delivery, exhibits potential advantages.  
498 It reduces the risk of off-target effects by decreasing the expression period of nuclease and enables  
499 better control of dosing duration [92]. The emergence and development of nanotechnology and  
500 material sciences have produced versatile applications in gene editing. It has been shown that gold-  
501 based nanoparticles enable effective delivery of RNP both *in vitro* and *in vivo* [102]. In addition,  
502 polymeric-based and lipid-based nanoparticles exhibit low immunogenicity, especially in their ability  
503 to encapsulate large cargos [154]. Additionally, it has been demonstrated recently that PEI-magnetic  
504 nanoparticles can improve the delivery of CRISPR/Cas9 constructs *in vitro* with low cell toxicity and  
505 have been shown to be a promising delivery system that can improve the safety and utility of gene  
506 editing [155,156]. Moreover, researchers have demonstrated the delivery of the Cas9 RNP complex  
507 directly into cells using the nanoneedle array system and showed approximately 32% and 16% gene  
508 disruption efficiencies in HeLa cells and mouse breast cancer cells, respectively. Although the

509 efficiency needs to be improved, researchers were able to successfully demonstrate gene editing by  
510 the direct delivery of Cas9/sgRNA using a nanoneedle array, and this method of delivery may be  
511 applied to gene knock-in via HDR [157]. Recently, Chen *et al.* demonstrated a platform comprised of  
512 vertically aligned silicon nanotube (VA-SiNT) arrays for gene editing. They successfully delivered  
513 Cas9 RNP to the target gene and demonstrated more than 80% efficiency of SiNT-facilitated biocargo  
514 internalization. This indicated that the NT-facilitated molecular delivery platform has great potential  
515 to propel gene editing technologies [158]. However, nanoparticle-mediated protein delivery still has  
516 challenges, including the difficult process of packaging into small particles and the prevention of RNP  
517 degradation before it enters the nucleus. Therefore, biocompatible, well-tolerated, high capability and  
518 nonimmunogenic delivery vehicles are required to deliver cargos to the nucleus for effective gene  
519 editing, and these characteristics are essential when designing any nonviral delivery material.

520

### 521 **7.3 Spatial and temporal regulation of Cas9 activity**

522 As previously discussed, the unintended off-target effect of the CRISPR/Cas system is a major concern.  
523 Regulating delivery of the components of the CRISPR/Cas system to specific target sites before Cas9  
524 is turned on and delivery of certain factors that switch on this machinery at a specific time point is  
525 critical. A number of teams have identified Cas9 endonuclease inhibitors. These anti-CRISPR (Acr)  
526 proteins, such as AcrIIA4, can shut off Cas9 activity [159,160]. Moreover, anti-CRISPRs could be  
527 used to limit editing activity to particular cells and tissues in the body. Researchers designed miRNA-  
528 responsive Acr switches, and delivery of this machinery with Cas9 or dCas9 enabled tissue-specific  
529 editing [161]. In a recent study, researchers generated Cas9 variants called ProCas9s that enabled the  
530 CRISPR/Cas9 system to be turned on only in target cells [162]. ProCas9 senses the type of cell it is in  
531 based on proteases. This machinery enables the safer translational application of CRISPR/Cas9 gene  
532 editing, and this technology could be used to help plants defend against viral pathogens.

533 Several strategies to control the activity or expression of Cas9 have also been demonstrated  
534 (**Table 4**). It has been reported that Cas9 can be expressed in a split [163-166] or inactive form  
535 [167,168]. In addition, an inducible system enabled Cas9 to be activated only when stimulated by a  
536 chemical inducer [169-173] or by exposure to certain types of light [166]. Studies have engineered a  
537 split-Cas9 system in which the activity of Cas9 is induced only when the two domains, recognition  
538 domain and nuclease domain, are assembled [174]. This split-Cas9 system is also utilized for gene  
539 editing using inteins. Inteins are protein introns that excise themselves out of host polypeptides to  
540 generate a functional protein [175]. The intein-based split-Cas9 system is composed of the split Cas9  
541 domains, each of which is fused to intein sequences. Upon dimerization, these intein sequences will  
542 be spliced out, and fully active Cas9 can be generated [163]. Truong *et al.* demonstrated that Cas9

543 domains can be delivered by AAV vectors separately and retain comparable editing efficiencies as  
544 full-length Cas9 [163]. Cas9 can also be chemically inducible by exposure to rapamycin, which  
545 induces FK506-binding protein (FKBP)-FKBP Rapamycin binding (FRB) dimerization [176].  
546 Rapamycin-inducible split-Cas9 is composed of split Cas9 fragments each fused with FRB and FKBP  
547 fragments. In the presence of rapamycin, a fully active Cas9 is formed. Researchers have also  
548 demonstrated a photoactivatable Cas9 (paCas9) system that utilized photoinducible dimerizing protein  
549 domains termed Magnets [166]. This optically controlled split-Cas9 system was generated by fusing  
550 each Cas9 fragment with Magnet fragments (pMagnet and nMagnet) and triggering Magnet  
551 dimerization upon blue light treatment [177]. Several other optically controlled systems have also been  
552 reported to enable CRISPR/Cas-based transcriptional activation and gene editing [178,177,179,180].  
553 Nihongaki *et al.* developed a light-inducible system. They fused integrin binding protein 1 (CIB1) with  
554 dCas9 and fused cryptochrome 2 (CRY2) with a transcriptional activator domain, and then they used  
555 blue light to trigger dimerization of CIB1 and CRY2, resulting in subsequent expression of  
556 downstream targets [177]. Shao *et al.* developed a optogenetic far-red light (FRL)-activated  
557 CRISPR/dCas9 effector (FACE) system based on dCas9 [181-183] and the bacterial phytochrome  
558 BphS [184] that induced transcription of target genes in the presence of FRL [180].

559 Other strategies can also enable tunable regulation of CRISPR/Cas9 systems. Wandless and  
560 colleagues used small cell-permeable molecules to regulate protein stability. This chemical-genetic  
561 approach allowed rapid and tunable expression of a specific protein by fusing the molecules to a  
562 destabilizing domain [185]. The destabilizing domain acts as a degron that directs the fusion protein  
563 to proteasome-dependent degradation without the presence of a small molecule ligand, which allows  
564 tunable control of protein function. Ligand binding to the destabilizing domain protects the fusion  
565 protein from degradation and allows the protein of interest to function normally. Thus far, several  
566 ligand-destabilizing domain pairs have been discovered, including Shield-1 with mutant K506-binding  
567 protein (FKBP) 12 (FKBP[DD]), trimethoprim with mutant DHFR (DHFR[DD]), and CMP8 with the  
568 4-OHT-estrogen receptor destabilized domain (ER50[DD]) [185-187]. This concept can be utilized  
569 for switchable gene editing and activation [188-190]. FKBP[DD], DHFR[DD] and ER50[DD] were  
570 fused to Cas9 for drug inducible gene editing [189,190]. DHFR[DD] or ER50[DD] were fused to PP7-  
571 activation domain [181], and DHFR[DD] can be fused directly to dCas9 activator [188] for drug  
572 inducible gene activation. Multidimensional control can be achieved by pairing different ligand-  
573 destabilizing domain pairs with different aptamers [189]. Another platform utilizes the hepatitis C  
574 virus (HCV) nonstructural protein 3 (NS3) protease domain and its various inhibitors and has also  
575 been used to regulate CRISPR/Cas activity [191]. Tague *et al.* integrated the NS3 protease domain and  
576 its inhibitor into dCas9-VPR to form a ligand-inducible platform [191,192]. The NS3 protease domain

577 was inserted between the DNA binding scaffold and the C-terminal region, which is where NLS and  
578 VPR are located, to form a dCas9-NS3-NLS-VPR complex. NS3 protease, a self-cleaving proteinase,  
579 can separate VPR from dCas9 and subsequently inhibit transcriptional activation, while in the presence  
580 of protease inhibitor, transcriptional activation is achieved. Recently, Cas9 has been fused with small  
581 molecule-assisted shut-off tag (SMASh), which consists of the HCV NS3 and nonstructural protein 4a  
582 (NS4A, acting as a degraon). Cas9 stability can be controlled by SMASh via asunaprevir, an HCV  
583 protease inhibitor. Cas9 protein is degraded when NS3-NS4A is inhibited in the presence of  
584 asunaprevir, while in the absence of asunaprevir, the gene editing activity of Cas9 was restored [193].

585 Unfortunately, there are still some obstacles to progressing with the application of the  
586 regulatory approach to the CRISPR/Cas system. Chemical inducers may elicit cytotoxicity, which  
587 would make application of this approach *in vivo* more difficult. Additionally, light-induced systems  
588 may be limited to *in vitro* studies since activating such a system with light *in vivo* would be invasive,  
589 and penetration of light into tissue may cause other problems. Further investigation, optimization and  
590 development are needed to overcome these challenges to advance the clinical translation of the  
591 CRISPR/Cas system.

592

## 593 **8. Conclusion**

594 The discovery and application of the CRISPR/Cas system offers great hope for the human disease  
595 treatment as well as revolutionize plant breeding. Although research on the CRISPR/Cas system in the  
596 life sciences community is well underway, there are still substantial barriers to efficient delivery that  
597 need to be overcome to achieve effective gene editing. Factors related to specificity, efficacy and  
598 regulatable expression are important to consider when selecting an approach. The development of new  
599 delivery methods has overcome many disadvantages that severely impede the translatability of the  
600 CRISPR/Cas system. With the rapid development of delivery methods, the successful translation of  
601 CRISPR/Cas technology into medical and agricultural applications **is imperative and major**  
602 **improvements can be anticipated.**

603 **9. Declarations**

604 **9.1 Funding**

605 This work was supported by the National Health and Medical Research Council of Australia under  
606 Grant 1185600 and 1123329; the Ophthalmic Research Institute of Australia; and the Shenzhen Key  
607 Laboratory of Biomimetic Materials and Cellular Immunomodulation under Grant  
608 ZDSYS20190902093409851.

609 **9.2 Conflicts of interest/Competing interests**

610 The authors report no conflict of interest.

611 **9.3 Ethics Approval**

612 Not applicable

613 **9.4 Consent to participate**

614 Not applicable

615 **9.5 Consent for publication**

616 Not applicable

617 **9.6 Availability of data and material**

618 All data relevant to the study are available upon reasonable request from the corresponding author.

619 **9.7 Code availability**

620 Not applicable

621 **9.8 Author contributions**

622 Conceptualization- Y.F.C. and G.S.L. Writing (Original Draft)- Y.F.C. and G.S.L. Writing (Review  
623 & Editing)- F.L.L., A.J.P., V.H. A.W.H. and P.Y.W. Visualization, Y.F.C., A.J.P. and G.S.L.  
624 Funding Acquisition- P.Y.W. and G.S.L.

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1432 **Figure captions**

1433 **Fig. 1** Schematic Diagrams of *in vivo* CRISPR/Cas delivery modes and vehicles in the different  
1434 biological system. Systems used for delivery of CRISPR/Cas components (a) can be separated into  
1435 two major categories, CRISPR/Cas delivery mode (b) and delivery vehicle (c). Three CRISPR/Cas  
1436 delivery models including DNA (plasmid encoding both the Cas protein and the gRNA), mRNA (RNA  
1437 for Cas protein translation and a separate gRNA) and protein (Cas protein with gRNA as a  
1438 ribonucleoprotein complex, RNP) can be delivered in to mammals, aquacultures or plants via  
1439 bacterial or viral vectors, non-viral carriers and physically direct delivery (d)

1440  
1441 **Fig. 2** CRISPR/Cas-mediated gene editing strategies. The versatile CRISPR/Cas system is a powerful  
1442 tool for DNA, RNA editing, gene modulation and base, prime editing by leveraging different  
1443 approaches (a) to achieve numerous gene editing outcomes (b)

1444  
1445 **Fig. 3** Representation of different delivery methods of the CRISPR/Cas system to target organs in the  
1446 rodent. Delivery methods including virus-based (lentivirus, adenovirus and adeno-associated virus)  
1447 and non-virus-based (Plasmid-, RNA- or Protein-based) delivery have been used to deliver  
1448 CRISPR/Cas system to different organs in the rodent

1449  
1450 **Fig. 4** Schematic representation of main methods used to modify plant genome by CRISPR/Cas system.  
1451 The schematic diagram showing major steps involved in the generation of gene edited plants using  
1452 direct and indirect methods including agroinfiltration (a), protoplast transfection (b), agroinfection (c),  
1453 and virus infection (d) and biolistic particle delivery (e)

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**Tables**

1456

**Table 1** Delivery methods for CRISPR/Cas system in mammals

Model- Target tissue (disease)	Delivery methods		Editing gene	Reference
	Viral delivery system	No viral delivery system		
Mouse – Blood (Myeloid malignancy)	Lentivirus		<i>Tet2, Runx1, Dnmt3a, Ezh2, Nf1, Smc3, p53 and Asxl1</i>	[48]
Mouse – Lung (Lung Cancer)	Lentivirus		<i>Pten, Nkx2-1</i>	[49]
Mouse – Liver (NASH)	Adenovirus		<i>Pten</i>	[58]
Mouse – Liver (Cardiovascular disease)	Adenovirus		<i>Pcsk9</i>	[59]
Mouse – Lung (Lung Cancer)	Adenovirus		<i>Eml4, Alk</i>	[60]
Mouse – Brain	Adeno-associated virus		<i>Mecp2, Dnmt1, Dnmt3a and Dnmt3b</i>	[64]
Mouse – Eye (LCA)	Adeno-associated virus		<i>Yfp</i>	[65]
Mouse – Muscle (DMD)	Adeno-associated virus		<i>Dmd</i>	[70] [71]
Mouse – Lung (Lung Cancer)	Adeno-associated virus		<i>Kras, p53, and Lkb1</i>	[76]
Mouse – Liver (OTC deficiency)	Adeno-associated virus		<i>Otc</i>	[74]
Mouse – Liver	Adeno-associated virus		<i>Pcsk9</i>	[80]

(Cardiovascular disease)

Mouse – Brain (Huntington disease)	Adeno-associated virus	<i>Htt</i>	[194]
Mouse – Brain (GBM)	Adeno-associated virus	<i>Trp53, Nf1, or Rb1</i>	[78]
Mouse – Brain	Adeno-associated virus	<i>Camk2a, Erk2, Actb</i>	[195]
Mouse – Muscle (DMD)	Adeno-associated virus	<i>Dmd</i>	[69]
Mouse – Muscle (MDC1A)	Adeno-associated virus	<i>Lama2</i>	[196]
Mouse – Eye (Retinal degeneration)	Adeno-associated virus	<i>Nrl</i>	[66]
Mouse – Spleen, lungs, heart, colon, and brain (HIV/AIDS)	Adeno-associated virus	<i>HIV-1 DNA</i>	[197]
Mouse – Liver (Hemophilia B)	Adeno-associated virus	<i>F9</i>	[198]
Mouse – Liver (Cancer)	Adeno-associated virus	<i>Tsgs</i>	[79]
Mouse – Liver	Adeno-associated virus	<i>HBV cccDNA</i>	[199]
Mouse – Eye (X-Linked Retinitis Pigmentosa)	Adeno-associated virus	<i>Rpgr</i>	[67]
Mouse – Liver (Tyrosinemia)	Adeno-associated virus	<i>Fah</i>	[200]

Mouse – Liver (OTC deficiency)	Adeno-associated virus		<i>Otc</i>	[73]
Mouse – Muscle (DMD)	Adeno-associated virus		<i>Dmd</i>	[72]
Mouse – Brain (Schizophrenia)	Adeno-associated virus		<i>Mir137</i>	[77]
Mouse – Muscle (ALS)	Adeno-associated virus		<i>Igf1</i>	[68]
Mouse – Liver (Tyrosinemia)		Plasmid – based	<i>Fah</i>	[86]
Mouse – Liver		Plasmid – based	<i>HBsAg</i>	[87]
Rat – Eye Retinitis pigmentosa)		Plasmid – based	<i>(Rho(S334))</i>	[88]
Mouse – Eye (Retinitis pigmentosa)		Plasmid – based	<i>Rho</i>	[89]
Mouse – Brain (MB and GBM)		Plasmid – based	<i>Trp53, Pten, Nfl</i>	[201]
Mouse – Brain		Plasmid – based	<i>Satbs</i>	[91]
Mouse – Eye (IRDs)		Plasmid- based	<i>(Rho)-P23H</i>	[90]
Mouse – Liver (Tyrosinemia)		mRNA-based	<i>Fah</i>	[92]
Mouse – Liver (Cardiovascular disease)		mRNA-based	<i>Pcsk9</i>	[93] [95]
Mouse – Liver		mRNA-based	<i>Ttr</i>	[94]

(Tyrosinemia)

Mouse – Liver, Kidney, Lung	mRNA-based	<i>floxed tdTomato</i>	[202]
Mouse – Ear	Protein – based	<i>Egfp</i>	[96]
Mouse – Muscle (DMD)	Protein – based	<i>Dmd</i>	[102]
Mouse – Brain (FXS)	Protein – based	<i>Grm5</i>	[103]
Mouse – Brain (Alzheimer’s disease)	Protein – based	<i>Th, Bace1</i>	[98]
Mouse – Liver and spleen	Protein – based	<i>Pten</i>	[101]
Mouse – Liver and spleen (HT1)	Protein – based	<i>Hpd</i>	[97]

1457 ALS, Amyotrophic lateral sclerosis; DMD, Duchenne muscular dystrophy; FXS, Fragile X syndrome; GBM, Glioblastoma; HIV/AIDS, Human immunodeficiency  
1458 virus/acquired immunodeficiency syndrome; HT1, Hereditary tyrosinemia type I; IRDs, Inherited retinal degenerations; LCA, Leber congenital amaurosis; MB,  
1459 Medulloblastoma; MDC1A, congenital muscular dystrophy type 1A; NASH, Non-alcoholic steatohepatitis; OTC, Ornithine transcarbamylase

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1462 **Table 2** Delivery methods for CRISPR/Cas system in aquacultures  
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<b>Species</b>	<b>Applications</b>	<b>References</b>
Zebrafish	Gene editing of multiple genes	[106]
Rohu carp	Gene editing of Tlr22 gene	[108]
Atlantic salmon	Gene editing of Dnd gene	[109]
	Gene editing of Tyr and Slc45a2 genes	[203]
	Gene editing of Elovl2 gene	[204]
Channel catfish	Gene editing of Mstn gene	[110]
	Gene editing of Ticam and Rbl gene	[112]
Common carp	Gene editing of Sp7 and Mstn genes	[111]
Grass carp	Gene editing of <i>Gejam-a</i> gene	[37]
	Gene editing of <i>Nanos2</i> , <i>Nanos3</i> , <i>Dmrt1</i> and <i>Foxl2</i> genes	[205]
	Gene editing of <i>Gsdf</i> gene	[206]
	Gene editing of <i>Aldh1a2</i> and <i>Cyp26a1</i> genes	[207]
	Gene editing of <i>Sf-1</i> gene	[208]
Tilapia	Gene editing of <i>Dmrt6</i> gene	[209]
	Gene editing of <i>Amhy</i> gene	[210]
	Gene editing of <i>Wt1a</i> and <i>Wt1b</i> genes	[211]
Southern catfish	Gene editing of <i>Aldh1a2</i> gene	[212]
Sea bream	Gene editing of Mstn gene	[213]

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Rainbow trout	Gene editing of Igfbp2b1 and Igfbp2b2 genes	[214]
Pacific Oyster	Gene editing of Mstn and Twist genes	[215]
Northern Chinese lamprey	Gene editing of multiple gene	[216]

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**Table 3** Delivery methods for CRISPR/Cas system in plants

Species	Delivery methods		Edited gene	References
	Stable	Transient		
<i>Arabidopsis thaliana</i>		Protoplast, Agroinfiltration	<i>Pds3, Fls2, Rack1b</i> and <i>Rack1c</i>	[124]
<i>Arabidopsis thaliana</i>		Agroinfiltration	<i>Gfp</i>	[217]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Gfp</i>	[218]
<i>Arabidopsis thaliana</i>	Agrobacterium	Protoplast	<i>Bri1, Jaz1, Gai</i> and <i>Yfp</i>	[124]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Bri1, Jaz1, Gai, Chli, Ap1, Tt4</i> and <i>Guus</i>	[219]
<i>Arabidopsis thaliana</i>	Agrobacterium	Protoplast	<i>Chl1, Chl2</i> and <i>Tt4i</i>	[220]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Adh1</i>	[221,222]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Try, Cpc</i> and <i>Etc2</i>	[223]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>5g55580</i>	[147]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Adh1, Tt4, Rtell</i> and <i>Guus</i>	[224]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Etc2, Try</i> and <i>Cpc</i>	[225]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Bri1</i>	[226]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Als</i>	[227]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Etc2, Try, Cpc</i> and <i>Chli1/2</i>	[228]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Ft</i> and <i>SplA4</i>	[229]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Ap1, Tt4</i> and <i>Gl2</i>	[230]
<i>Arabidopsis thaliana</i>	Agrobacterium		<i>Pds3, Ag, Duo1</i> and <i>Adh1</i>	[231]

Arabidopsis thaliana	Agrobacterium		<i>At3g04220</i>	[232]
Nicotiana benthamiana		Protoplast, Agroinfiltration	<i>Pds3</i>	[124]
Nicotiana benthamiana		Agroinfiltration	<i>Pds</i>	[123]
Nicotiana benthamiana	Agrobacterium	Agroinfiltration	<i>Pds</i>	[123]
Nicotiana benthamiana		Agroinfiltration	of <i>Pds</i>	[233]
Nicotiana benthamiana		Agroinfiltration	<i>Edll</i> and <i>Srdx</i>	[125]
Nicotiana benthamiana	Virus		<i>Pcna</i> and <i>Pds</i>	[138]
Nicotiana benthamiana		Agroinfiltration	<i>Gfp</i>	[217]
Nicotiana benthamiana	Virus		<i>Pds</i> , <i>Isph</i> and <i>Fsgus</i>	[142]
Nicotiana tabacum		Protoplast	<i>Pds</i> and <i>Pdr6</i>	[234]
Nicotiana tabacum	Virus		<i>SurA</i> and <i>SurB</i>	[140]
Nicotiana tabacum		Protoplast	<i>Pds</i>	[134]
Nicotiana tabacum	Agrobacterium		<i>Pds</i> and <i>Stf1</i>	[235]
Nicotiana tabacum		Protoplast	<i>Aoc</i> genes	[236]
Populus	Agrobacterium		<i>Pds</i>	[237]
Oryza sativa	Agrobacterium		<i>Roc5</i> , <i>Spp</i> and <i>Ysa</i>	[124]
Oryza sativa		Protoplast	<i>Sweet11</i> , <i>Sweet14</i> and <i>Dsred</i>	[217]
Oryza sativa		Agroinfiltration	<i>Pds</i>	[123]
Oryza sativa	Biolistic	Protoplast	<i>Pds-sp1</i> , <i>Badh2</i> , <i>02g23823</i> and <i>Mpk2</i>	[146]
Oryza sativa	Agrobacterium	Protoplast	<i>Myb1</i>	[220]

Oryza sativa		Protoplast	<i>Mpk5</i> gene	[238]
Oryza sativa	Agrobacterium		<i>Cao</i> and <i>Lazy1</i>	[239]
Oryza sativa	Agrobacterium		<i>Ptg1, Ptg2, Ptg3, Ptg4, Ptg5, Ptg6, Ptg7, Ptg8</i> and <i>Ptg9</i>	[238]
Oryza sativa	Agrobacterium		<i>Bel</i>	[240]
Oryza sativa	Agrobacterium		<i>Ftl, Gstu, Mrp15</i> and <i>Anp waxy</i>	[147]
Oryza sativa	Agrobacterium	Protoplast	<i>Sweet1a, Sweet1b, Sweet 11, Sweet13</i> and <i>P450</i>	[241]
Oryza sativa	Agrobacterium		<i>Pds, Pms3, Epsps, Derf1, Msh1, Myb5, Myb1, Roc5, Spp</i> and <i>Ysa</i>	[242]
Oryza sativa	Agrobacterium		<i>Dmc1a</i>	[243]
Oryza sativa		Protoplast	<i>Pds, Dep1, Roc5</i> and <i>miR159b</i>	[244]
Oryza sativa	Agrobacterium		<i>Dl</i> and <i>Als</i>	[235]
Oryza sativa		Protoplast	<i>Epsps, Hct</i> and <i>Pds</i>	[34]
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Triticum aestivum		Protoplast	<i>Mlo</i>	[146]
Triticum aestivum	Biolistic	Protoplast	<i>Gw2</i>	[149]
Triticum aestivum		Agroinfiltration	<i>Inox</i> and <i>Pds</i>	[233]
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Zea mays		Protoplast	<i>Ipk</i>	[130]
Zea mays	Agrobacterium	Protoplast	<i>Hkt1</i>	[223]
Zea mays	Biolistic		<i>Lig1, Ms26, Ms45, Als1</i> and <i>Als2</i>	[148]
Zea mays	Biolistic		<i>Lig, Ms26, Ms45</i> and <i>Als2</i>	[150]
Zea mays	Biolistic		<i>Argos8</i>	[245]

Glycine max	Agrobacterium		<i>Gfp, 07g14530, 01gDDMI, 11gDDMI, Met1-04g, Met1-06g, miR1514 and miR1509</i>	[246]
Glycine max	Biolistic		<i>Dd20, Dd43 and Als1</i>	[247]
Glycine max	Agrobacterium		<i>06g14180, 08g02290 and Glyma12g37050</i>	[248]
Glycine max	Agrobacterium		<i>Bar, Fei, Fei2 and Shr</i>	[247]
Glycine max	Agrobacterium		<i>Pds11 and GlymaPds18</i>	[249]
Glycine max		Protoplast	<i>Fad2-1a and Fad2-1b</i>	[236]
Solanum tuberosum	Agrobacterium		<i>Iaa2</i>	[225]
Solanum tuberosum	Agrobacterium		<i>Als1</i>	[250]
Solanum tuberosum		Protoplast	<i>Gbss</i>	[144]
Hordeum vulgare	Agrobacterium		<i>Pm19</i>	[251]
Liverwort	Agrobacterium		<i>Arf1</i>	[252]
Solanum lycopersicum	Agrobacterium		<i>Ago7</i>	[253]
Solanum lycopersicum	Virus		<i>Ant1</i>	[129]
Solanum lycopersicum	Agrobacterium		<i>Rin</i>	[254]
Brassica oleracea	Agrobacterium		<i>C.ga4.a</i>	[251]
Opium poppy		Agroinfiltration	<i>4'Omt2</i>	[255]
Cucumis sativus	Agrobacterium		<i>Elf4e</i>	[256]
Citrus x sinensis		Agroinfiltration	<i>Pds</i>	[257]
Citrus x paradisi	Agrobacterium	Agroinfiltration	<i>Cspds</i>	[257]

Citrus x paradisi	Agrobacterium	Agroinfiltration	<i>Cslob1</i>	[258]
Vitis vinifera	Agrobacterium		<i>Idndh</i>	[259]
Vitis vinifera		Protoplast	<i>Mlo7</i>	[260]
Malus malus		Protoplast	<i>Dipm-1, Dipm-2 and Dipm-4</i>	[260]

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1470 **Table 4** Summary of regulatory CRISPR/Cas systems  
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<b>Type of system</b>	Split-Cas9			Light-inducible	Destabilizing domain	NS3 domain
	Intein-inducible	Rapamycin-inducible	Photoactivatable			
<b><i>In vivo</i> studies</b>	[261]	n/a	n/a	[180]	[262]	n/a
<b>Delivery vehicle</b>	Viral-based delivery: AAV	n/a	n/a	DNA-based delivery: Electroporation	DNA-based delivery: tail vein hydrodynamic injection	n/a

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